

مستشفى الكندي Al Kindi Hospital

Newsletter

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CEO's Message

I am thrilled to announce that Al Kindi Hospital Laboratory has successfully achieved 100% score in the Quality Control Program. This program has been designed to monitor the performance and quality of the hospital examinations used for HIV, Hepatitis, and Syphilis Virus Antigen. This remarkable accomplishment is a testament to the dedication and hard work of our entire team, and underscores our commitment to providing exceptional patient care.

As we step into the new year, we are energized by this success and driven to innovate. We are committed to expanding our specialized services and enhancing your experience with us. Stay tuned for our latest news!

Dr. Ebtisam Al Dallal
Chief Executive Officer



Chairman

Dr. Faisal Al Mosawi

CEO

Dr. Ebtisam Al Dallal

CEO Message

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مستشفى الكندي
Al Kindi Hospital

Your Trusted
Partner in Times of
EMERGENCY

📞 17 131 000



Al Kindi Hospital Expands Its Team!

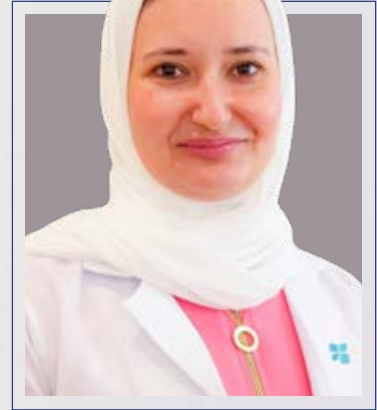
Meet Our Recent Joiners



Dr. Mariam Fida
Consultant in Medical
Genetics & PGT



Dr. Basily Samir Sayed
ICU Specialist



Dr. Rawan Al Agha
Consultant Infectious Diseases



PT. Ameera Al Derazi
Physiotherapist & Lymphatic
Therapist



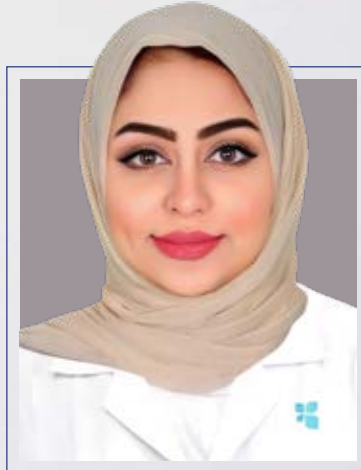
Dr. Ali Hasan Abdulla
Resident- Surgical Department



Dr. Layla Rafeei
Resident - Obstetrics &
Gynecology



Dr. Jameela Al Nooh
Resident - Obstetrics &
Gynecology



Dr. Zainab Dhaif
General Practitioner



Dr. Isa Al Najjar
General Practitioner

Medical Achievement

Successful Hemicolectomy Leads to Colon Cancer Survival for a 70-Year-Old Patient



Department of General Surgery and The Surgical Oncology Unit has marked another achievement. Dr. Raed Al Marzooq, General Surgeon, Surgical Oncologist, and Colorectal Surgeon, performed a successful laparoscopic right hemicolectomy on a 70-year-old patient with a confirmed cancerous colon tumor. Pre-operative investigations, including CT scan imaging and biopsy, helped stage the tumor and address obstructive symptoms. The right colon containing the tumor was removed, and the intestine was reconnected with the remaining part of colon. The patient recovered well, was discharged within five days, and remains in good health following subsequent follow-up, thanks to God. The cancerous tumor was found to have extended into the surrounding fat, and despite this, we achieved clear margins with 6 out of 25 lymph nodes showing to be affected. The case has been presented to the oncology center for consideration of adjuvant Chemotherapy.

Dr. Raed Al Marzooq

Consultant General Surgeon,
Surgical Oncologist & Colorectal Surgeon



Timely Intervention Saves Patient's Life

During a routine outpatient follow-up for hypothyroidism with Internal Medicine Specialist Dr. Nagesh Babu, a patient presented with very low pallor, dizziness, and inability to stand, despite stable vital signs. The doctor referred the patient to the emergency department where she was found to have a severe low hemoglobin level of 2.7 gm%. Immediate ICU admission and investigations revealed autoimmune hemolytic anemia, with indicators suggesting possible SLE (Systemic Lupus Erythematosus). The patient received urgent care, including three units of washed, packed red blood cells bags and intravenous methylprednisolone 1 gm% I.V for 3 successive days. Her condition improved significantly under the care of Internal Medicine Consultant Dr. Ahmad Elsebaaie, Hematologist Dr. Abduljalil Alashiri, and the ICU team, with her hemoglobin reaching 8.3 gm%. She has been discharged for ongoing follow-up with Consultant Rheumatologist Dr. Abdulkhaleq Aloraibi to further investigate the possibility of SLE.



Dr. Nagesh Babu
Specialist Internal Medicine



Dr. Ahmed Elsebaaie
Consultant Internal Medicine



Dr. Abduljalil Alashiri
Hematologist & Internal Medicine



Dr. Abdulkhaleq Aloraibi
Consultant Rheumatologist



Specialized Intensive Care Unit

Introducing the New Medical Genetics Clinic at Al Kindi Hospital



Dr. Mariam Fida
Consultant in Medical Genetics & PGT

Al Kindi Hospital is pleased to announce the launch of its new Medical Genetics Clinic, led by Dr. Mariam Fida, Consultant in Medical Genetics & PGT. This advanced department will utilize sophisticated tools for diagnosing hereditary conditions, understanding genetic predispositions, assessing cancer risk, and providing insights into issues like delayed conception, fetal syndromes, and recurrent miscarriages. Below is a list of services provided at the clinic:

- Genetic Counseling
- Premarital Genetic Counseling/ Screening
- Oncology Genetic Testing
- Pediatric Genetic Testing
- Infertility and Recurrent Miscarriages
- Chromosomal Analysis of Fetal Tissues from A Miscarriage
- Preimplantation Genetic Testing (PGT)
- Prenatal Genetic Testing

FREE CONSULTATION Urology & Andrology

Dr. Mahmoud Sharaf
Uro-Genital Surgeon & Endo-Urologist

Every Saturday from 12 PM till 2 PM

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*T&C Apply



Tongue Tie Case for 13 Years Old Patient

Tongue tie also known as Ankyloglossia is a condition where there is restricted tongue movement due to a short and thick band of tissue called the lingual frenum that tethers the tongue to the floor of the mouth.

This condition is present from birth and may cause a problem with breastfeeding and later with speech, eating and oral hygiene. It results in a typical notch or heart shaped appearance of the tongue.

While mild cases may require no treatment, moderate to severe cases require a minor surgery called lingual frenectomy which maybe performed with a conventional scalpel or laser.

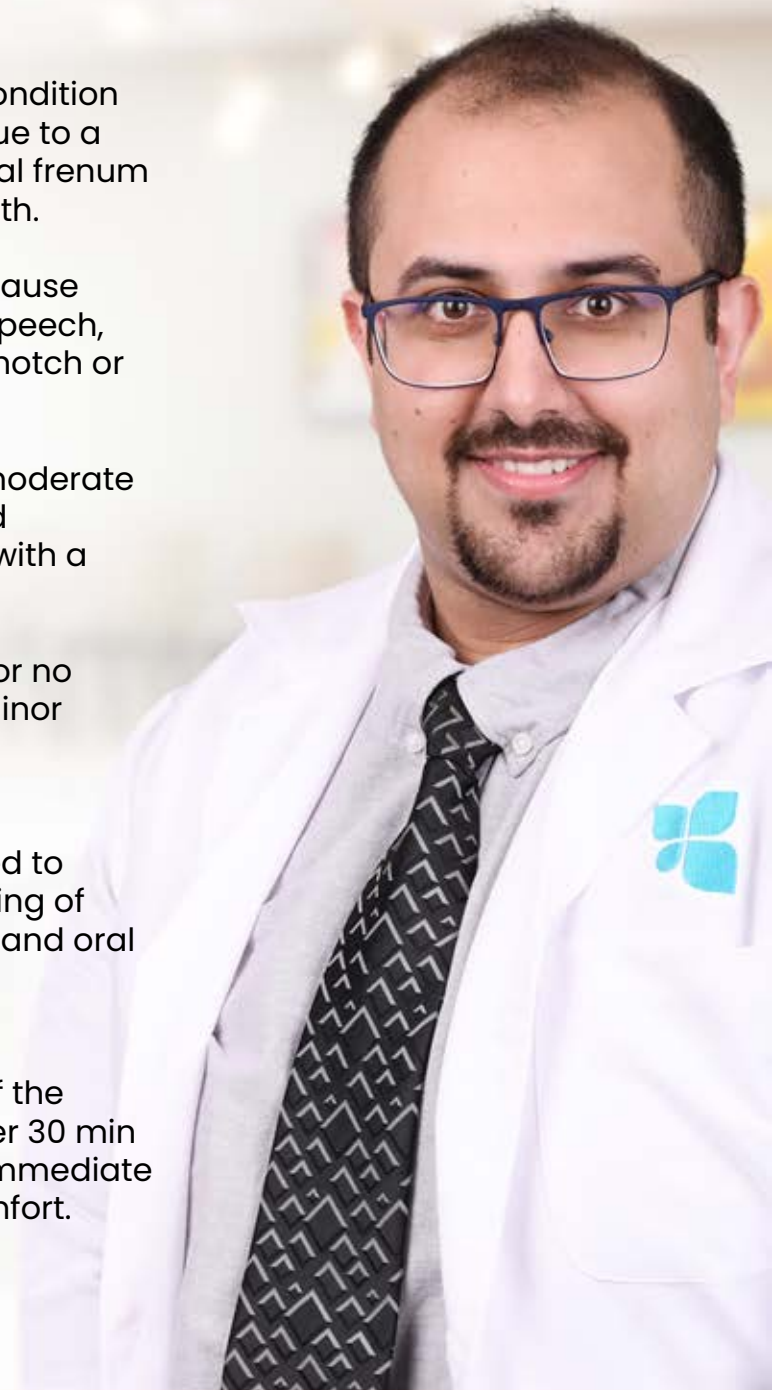
The advantages of using a laser include little or no bleeding, no sutures and quick healing with minor discomfort all of which lead to greater patient acceptance as well.

The below case is for a 13 year old boy reported to Al Kindi Hospital dental department complaining of tongue tie causing difficulty in eating, speech and oral hygiene.

Laser frenectomy was carried out under local anesthesia to free the tongue from the floor of the mouth. The procedure was completed in under 30 min with minimal to no bleeding, no sutures and immediate results with quick healing and minimal discomfort.

Dr. Aman Khosla

Specialist Oral and Maxillofacial Surgeon



Before



After 1 week

Celebrating New Year's & Bahrain National Football Team Victory in "Khaleeji 26"

January 5th, 2025

Al Kindi Hospital welcomes the New Year with a breakfast gathering for the staff to celebrate fresh beginnings and the remarkable victory of the Bahrain national football team in the Gulf Cup "Khaleeji 26"!



Global Women's Economic Forum & Exhibition

January 12th -15th, 2025

Al Kindi Hospital was honored to participate in the Global Women's Economic Forum and Exhibition, held at the Four Seasons Hotel Bahrain Bay from January 12 to 15, 2025. The event is dedicated to celebrating the 25th anniversary of the Bahrain Businesswomen's Society, that was graciously under the patronage of Her Royal Highness Princess Sabeeka Bint Ibrahim Al Khalifa, the wife of His Majesty the King and President of the Supreme Council for Women. This occasion also aimed to highlight the vital contributions of women in business and the economy.



Bahrain Catalysts Disabilities Marathon

January 18th, 2025

Al Kindi Hospital participated in the Water Garden City Marathon organized by the Bahrain Catalysts Disabilities Association in collaboration with Bahrain Road Runners, and Capital Governorate. The marathon attracted a large number of participants, including individuals with disabilities and their families. The hospital provided complimentary blood pressure and blood sugar screenings for all attendees. Additionally, our paramedics team and the ambulance that is equipped with the latest medical equipment were on standby to provide immediate medical response to any emergency, ensuring the safety of all participants.



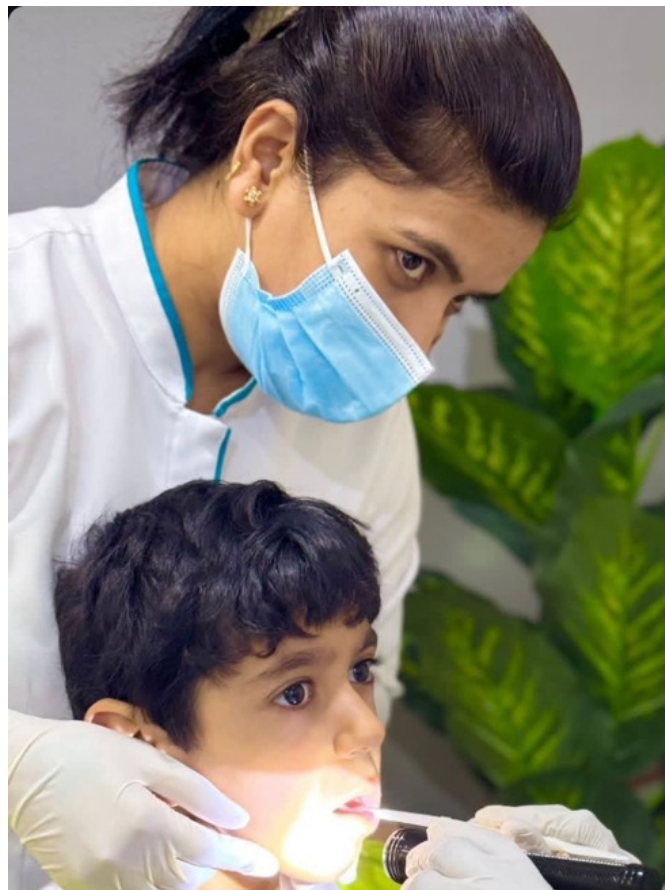
Watch the Video



Dental Screening Campaign for Child Willing Specialist Rehabilitation Center

January 14th, 2025

In alignment with the hospital's corporate social responsibility initiatives, Al Kindi Hospital partnered with the Child Willing Specialist Rehabilitation Center to offer free dental examinations and assessments of children's dental health. The evaluations were conducted under the expert supervision of our pediatric and special needs dentist, Dr. Mohamed Hamza. This initiative reflects Al Kindi Hospital's continuous efforts to enhance and support children's dental health.



[Watch the Video](#)



Bahrain Sports Day

February 20th, 2025



Under the patronage of His Highness Shaikh Khalid bin Hamad Al Khalifa, and as part of our Corporate Social Responsibility (CSR) and efforts to promote health and well-being, we at Al Kindi Hospital are proud to participate as a sponsor in the Bahrain Sports Day event organized by the General Sports Authority and held at Sama Bay. The event aimed to promote health, wellness, and community engagement. We have offered complimentary health screenings, including blood pressure and blood sugar checkups, dental assessments, consultations with dietitians, BMI analysis, and physiotherapy assessments and consultations. Additionally, our paramedics team and the ambulance that is equipped with the latest medical equipment were on standby to provide immediate medical response to any emergency, ensuring the safety of all participants.





[Watch the Video](#)

4th Ramadan Sports Games

March 10th, 2025

Under the patronage of His Highness Shaikh Khalid bin Hamad Al Khalifa, and in alignment with our Corporate Social Responsibility (CSR) initiatives to promote health and well-being, Al Kindi Hospital participated as a sponsor in the 4th Ramadan Sports Games. The event was attended by distinguished Ministers, Ambassadors, and VIPs. During the event, we have provided complimentary health screenings, including blood pressure and blood sugar assessments to the attendees. Furthermore, our dedicated paramedics and a fully equipped ambulance were present on-site, ensuring immediate medical response and prioritizing the safety of all participants.



Best Employee Award

February 5th, 2025

In line with the Hospital's dedication to recognizing exceptional employees and their significant contributions, we are thrilled to announce the Employee of the Quarter staff selected for Quarters 3 and 4 of 2024. This program celebrates those who have achieved remarkable accomplishments, with evaluations based on quality, productivity, and adherence to our institutional values.

We are proud to extend our congratulations to:



Mr. Fadhel Radhi, Receptionist, for being selected as the Outstanding Employee for the Third quarter of 2024

Mrs. Haripriya Chembakan, Quality Nurse, for being selected as the Outstanding Employee for the Fourth quarter of 2024

This initiative reflects the vision of Her Excellency Dr. Ebtisam Al Dallal, Chief Executive Officer of Al Kindi Hospital, who aims to cultivate a motivating and supportive work environment.



CONTINUOUS MEDICAL EDUCATION (CME)



Dr. Mohamed Yasser
A Revolution in Obesity Treatment



Prof. Mohamed AbdelGhaffar
What's New in Asthma Management Strategy



Prof. Mohamed AbdelGhaffar
Evolution of Pulmonary Tuberculosis



Dr. Husain Naser & Dr. Yusra Hasan
Clinical Radiology Meeting



Dr. Ahmed Elsebaaie
Vitamin D



Dr. Ali Hasan Abdulla
Choledochal Cyst (A Case Presentation)



Dr. Georges Nicole Mezher

Tranexamic Acid
(Role In Perioperative & Acute Medical
Bleeding)



Dr. Raed Al Marzooq

Colorectal Cancer Debatable Matters

Healthcare Excellence

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Healthcare Excellence



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