

مستشفى الكندي Al Kindi Hospital

Newsletter

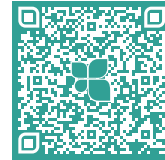
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BOOK YOUR APPOINTMENT NOW

📞 17 240 444

CEO's Message



We are proud to announce that Al Kindi Hospital has earned the Diamond Accreditation from the National Health Regulatory Authority (NHRA). This prestigious recognition reflects our relentless pursuit of excellence and the collective efforts of our dedicated team in providing top-quality healthcare.

Looking ahead, we remain focused on expanding our range of specialties and continually enhancing the patient experience. At Al Kindi Hospital, we are committed to ensuring every visit is defined by trust, quality, and compassionate care.

Dr. Ebtisam Al Dallal

Chief Executive Officer

Chairman

Dr. Faisal Al Mosawi

CEO

Dr. Ebtisam Al Dallal

CEO Message

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Al Kindi Hospital Expands Its Team!

Meet Our Recent Joiners



Dr. Yazan Abdulnabi Musayeb
Consultant Cardiologist



Dr. Fatema Khamdan
Consultant Dermatologist &
Dermatopathologist

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Medical Achievement

Saving the Life of a 70-year-old Patient Suffering from Colon Cancer

The General Surgery and Surgical Oncology Department at Al Kindi Hospital has achieved a significant milestone. Dr. Raed Al Marzooq, Consultant General Surgeon, Surgical Oncologist, and Colorectal Surgeon, successfully performed a laparoscopic right hemicolectomy on a 70-year-old patient diagnosed with a colon tumor.

Comprehensive pre-operative investigations, including CT imaging and biopsy, enabled accurate staging and symptom management. The affected portion of the colon was removed, and the intestines were safely reconnected.

The patient made a smooth recovery, was discharged within five days, and remains in good condition. Pathology revealed cancer spread into the surrounding fat, with 6 out of 25 lymph nodes affected. The case has been referred to the oncology center for further evaluation for adjuvant chemotherapy.

This case highlights Al Kindi Hospital's expertise in advanced cancer care and commitment to patient-centered outcomes.



Dr. Raed Al Marzooq
Consultant General Surgeon,
Surgical Oncologist & Colorectal Surgeon



Watch the Video



Saving the Life of a Female Patient in her Twenties Suffering from Ovarian Torsion

A newly married woman in her early twenties arrived at the Emergency Department with severe pain on the right side of her abdomen. After a series of tests and an ultrasound, she was diagnosed with ovarian torsion, a serious condition requiring immediate surgery.

All preparations took place for urgent laparotomy. During the operation, Dr. Hatem Shawky, Head of Obstetrics, Gynecology, & Infertility Department, confirmed his diagnosis by finding a gangrenous ovarian cyst. All necessary procedures took place. The patient recovered well, was discharged in stable condition, and now visits the hospital regularly for follow-ups, preparing for her coming pregnancy.



Successful Recovery of a 1.5-Year-Old Patient Diagnosed with Hand, Foot, and Mouth Disease

Hand, Foot, and Mouth Disease is a mild yet contagious viral infection that primarily affects young children, with outbreaks most common during the summer months.

A 1.5-year-old patient was diagnosed with the condition and received expert care under Dr. Fatima Khamdan, Consultant Dermatologist & Dermatopathologist.

Thanks to her specialized approach and dedicated attention, the child made a full recovery. The patient now visits the hospital regularly for follow-ups and remains in excellent health.

Dr. Fatema Khamdan

Consultant Dermatologist &
Dermatopathologist



Before



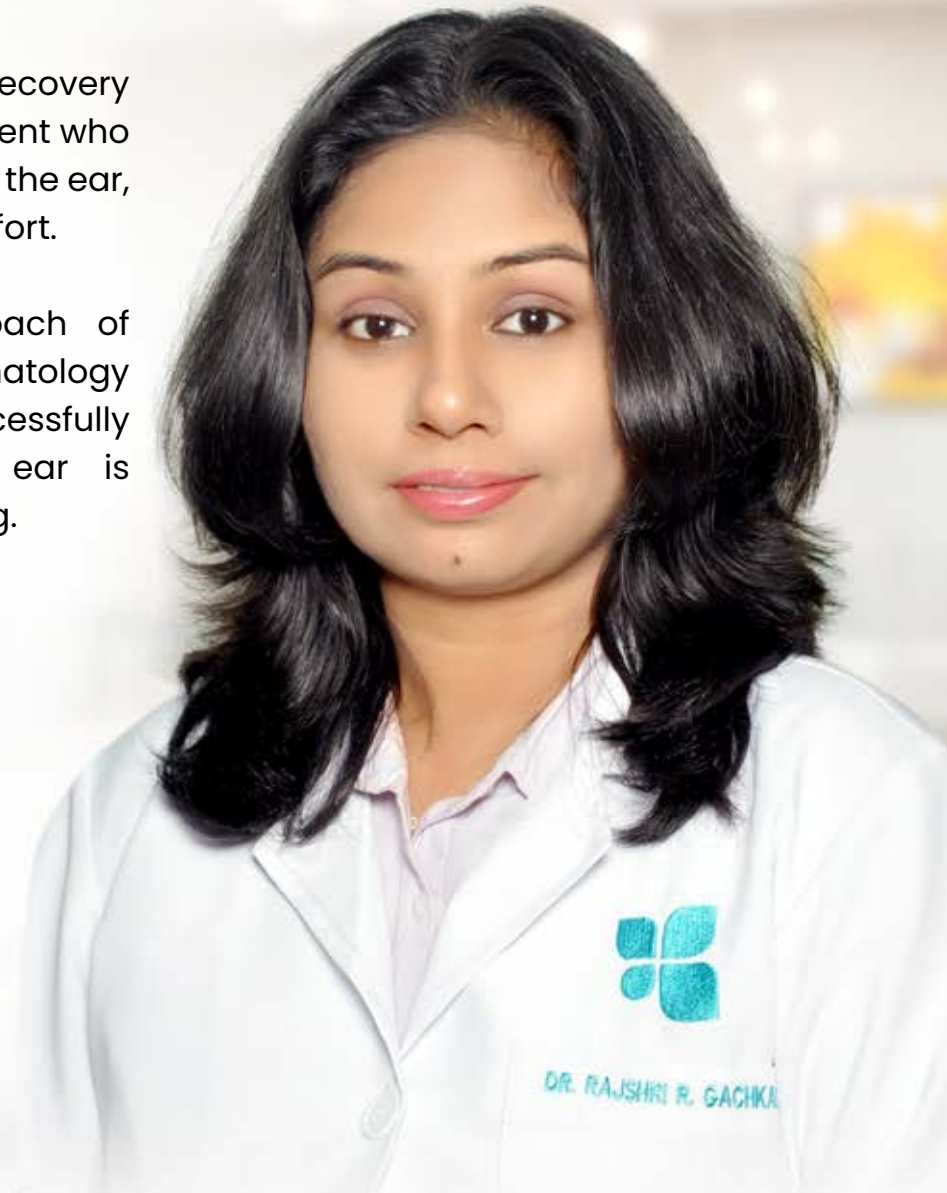
After

Successful Viral Wart Removal on a Child's Ear

We are pleased to share the recovery story of a courageous young patient who was treated for viral warts behind the ear, a condition that caused discomfort.

With the skilled caring approach of Dr. Rajishri Gachkal, our Dermatology Specialist, the warts were successfully removed. Today, the child's ear is completely clear and healing.

Dr. Rajishri Gachkal
Specialist Dermatologist



Before



After

Transforming Smiles with Veneers

This case from Al Kindi Hospital Dental & Oral Health Department highlights a successful smile transformation performed by Dr. Ebtisam Al Dallal, Periodontal Medicine, Surgery Consultant, and Dental Department Manager, along with Dr. Aysha Javed, General Dental Practitioner. The patient initially presented with advanced periodontal disease associated with gingival recession. Dr. Ebtisam Al Dallal used laser assisted new attachment non invasive surgical procedure. (LANAP)

The patient also presented with irregularity shaped teeth. The periodontal treatment was followed with application of custom veneers.

Through the application of custom veneers, Dr. Aysha was able to achieve a dramatic improvement, resulting in bright, uniformly aligned teeth and a radiant, new smile and comprehensive preservation of dental function.



Dr. Ebtisam Al Dallal

Periodontal Medicine, Surgery
Consultant & Dental Department
Manager



Dr. Aysha Javed

General Dental Practitioner

CONTINUOUS MEDICAL EDUCATION (CME)



Dr. Husain Alaradi
Management of Hemorrhoids



Dr. Hatem Shawky
Evidence-Based Supplements in Infertility



Dr. Mahmoud Saraya
Myocardial Injury after Non-Cardiac Surgery



Dr. Abdulkhaleq Aloraibi
Malignant Lupus



Dr. Ali Al Baqali
Microbiome & its Role in IBD, GI, and Autoimmune Diseases



Dr. Mahmoud Elhindy
Post-Cardiac Arrest Care



Prof. Mohamed AbdelGhaffar
COPD in 2025



Dr. Ahmed Al Omda & Dr. Zahra Al Herz
Pediatrics Case Presentation



Dr. Abdulshaheed Fadhul
Preoperative Evaluation for Rhinoplasty
Surgery



Dr. Faten Mahdi
Postoperative Wound Care

World Boccia Championship

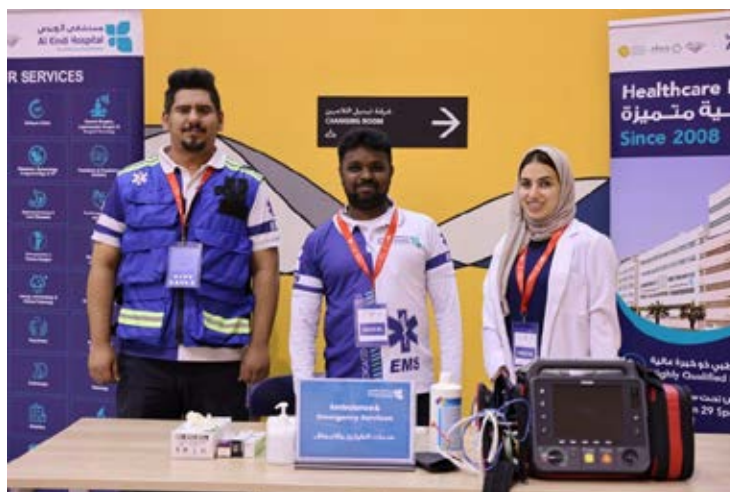
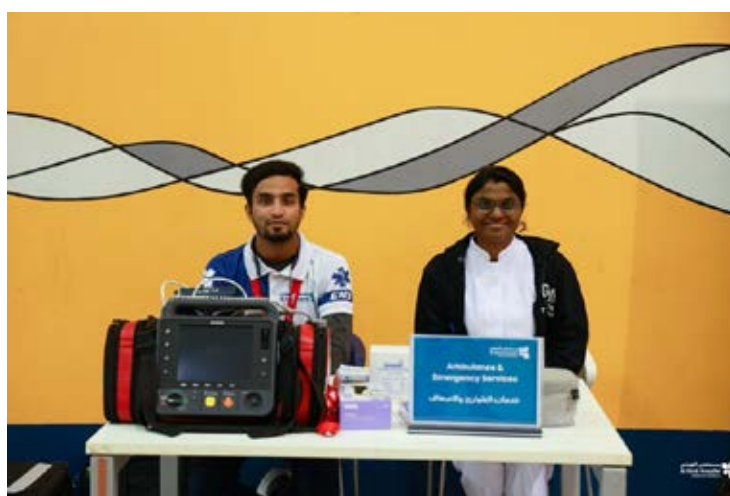
13th – 18th April 2025



The World Boccia Challenge Championship, hosted by the Bahrain Paralympic Committee, wrapped up after six days of intense competition. The tournament showcased the remarkable strength and determination of its athletes, culminating in an exciting finale.

Al Kindi Hospital proudly participated as an official sponsor, providing comprehensive medical support through a dedicated team of doctors, nurses, physiotherapists, paramedics, and a standby ambulance throughout the event, reflecting the hospital's strong commitment to social responsibility and inclusion.

This successful event further highlights Bahrain's dedication to empowering determined athletes and its rising status as a regional hub for Paralympic sports, driven by visionary leadership and unwavering national support.



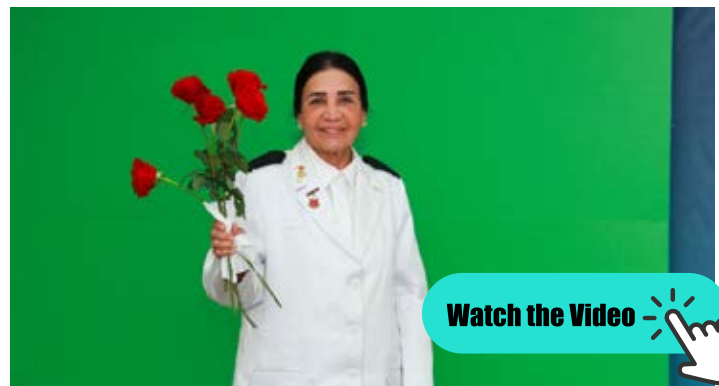
Watch the Video



International Nurses Day

13th May 2025

Al Kindi Hospital recently celebrated International Nurses' Day with a series of engaging activities and friendly competitions. The event fostered an atmosphere of friendship and joy, honoring the invaluable contributions of nurses worldwide and their noble service to humanity.



World Health Day

14th April 2025



مركز ناصر العلمي والتقني
Nasser Centre For Science & Technology

In recognition of World Health Day, Nasser Center for Science and Technology, in collaboration with Al Kindi Hospital, organized a health awareness event for students and academic staff.

The event featured a variety of wellness activities, including general health screenings such as blood pressure and blood sugar checks, along with personalized consultations with a dietitian.

Additionally, Professor Mohammed Abdulghaffar, Consultant in Pulmonary Diseases, shared valuable educational information with students on the importance of avoiding smoking and highlighted its harmful effects on the respiratory system and overall health.



Watch the Video

Run 4 All Marathon

23rd May 2025

Al Kindi Hospital proudly supported the “Run 4 All” event in collaboration with Bahrain Road Runners, providing essential medical coverage through our team of paramedics and a standby ambulance to ensure the safety and well-being of all participants.

This initiative reflects our ongoing commitment to social responsibility and community engagement. We also extend our appreciation to the ambitious Bahraini youth who continue to represent the Kingdom with pride in both local and international sporting events.



Crohn's & Colitis Conference

25th – 26th April 2025

Under the patronage of H.E. Dr. Ebtisam Al Dallal, Chief Executive Officer of Al Kindi Hospital, and Dr. Fatema Al Alawi, President of the Conference and Consultant Gastroenterologist at Al Kindi Hospital, the 2nd edition of the Bahrain Conference on Crohn's and Ulcerative Colon Disease concluded successfully at the Sheraton Hotel, Bahrain on April 25th and 26th.

The conference was held in collaboration with the Friends of Crohn's and Ulcerative Colitis Association, with the participation of leading speakers from Al Kindi hospital, including Dr. Raed Al Marzooq, General Surgeon, Surgical Oncologist, and Colorectal Surgeon, and Dr. Amal Al Rayes, Consultant General Oncologist & Breast Surgeon, and Dr. Ahmed Al Saegh, Consultant Gastroenterologist.

The conference was a leading scientific platform that brought together more than twenty speakers and specialized lecturers from inside and outside the Kingdom of Bahrain, aimed at promoting awareness of Crohn's and ulcerative colitis and reviewing the latest medical and therapeutic innovations in the field. This success comes as a result of the outstanding efforts made in the first edition of the conference, paving the way for more outstanding scientific events in the future.



Watch the Video









Healthcare Excellence

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