



# Newsletter

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## Comprehensive Oral & Dental Care



Before



After

## Medical Achievement

Bilateral Nipple/ Areola Sparing Mastectomy with Sentinel Lymph Node Biopsy and Immediate Silicone Implant Reconstruction



Chairman

**Dr. Faisal Al Mosawi**

CEO

**Dr. Ebtisam Al Dallal**

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16 years old patient defeats Crohn's disease

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### CIRCUMCISION



Dr. Mahmood Abbas  
Consultant Pediatric Surgeon

BD 60

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# CEO Message



KINGDOM OF BAHRAIN

Ministry of Health



We are thrilled to announce a groundbreaking partnership with the Ministry of Health to promote and support breastfeeding practices among mothers in Bahrain. This collaboration is part of the “Breastfeeding: The Basics of Life” campaign, which aims to raise awareness about the critical importance of natural breastfeeding for mothers and their babies.

Al Kindi Hospital offers expert guidance, educational resources, and support services to mothers throughout their breastfeeding journey. This commitment reflects our dedication to the health and well-being of mothers and infants in our community.

We invite you to join us in this important initiative and help make a positive impact on the health and well-being of mothers and babies in the kingdom of Bahrain.

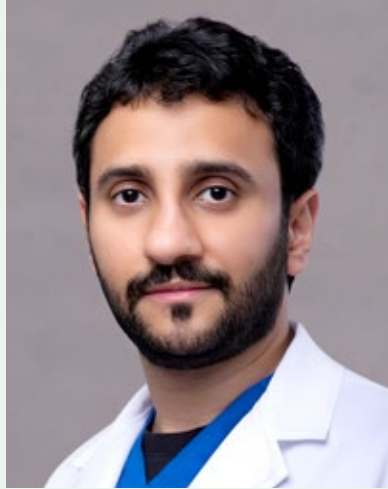


**Dr. Ebtisam Al Dallal**  
Chief Executive Officer

# AL KINDI HOSPITAL EXPANDS ITS TEAM! MEET OUR RECENT JOINERS



**Dr. Fatima Khalaf**  
Resident  
Obstetrics & Gynecology



**Dr. Hasan Al Basri**  
General Dental Practitioner



**Dr. Maryam Al Saad**  
General Practitioner



**Dr. Zahra Al Herz**  
General Practitioner



**Dr. Zahra Al Hoori**  
General Practitioner



**Dr. Samina Kosar**  
Senior Resident Obstetrics &  
Gynecology



**IVF Solutions Under  
Leading Consultants  
in the Kingdom of  
Bahrain**



**Dr. Hatem Shawki**  
Consultant Obstetrics,  
Gynecology, Infertility & IVF



**Dr. Hafsa Albuarki**  
Consultant Obstetrics,  
Gynecology, Infertility & IVF

# SUCCESSFUL BILATERAL NIPPLE-SPARING MASTECTOMY WITH SENTINEL LYMPH NODE BIOPSY AND IMMEDIATE BREAST RECONSTRUCTION

Al Kindi Hospital is proud to announce delivering a state of the art surgery for a breast cancer case. Dr. Amal Al Rayes, our renowned Consultant General Surgical Oncologist & Breast Surgeon, successfully performed a bilateral nipple-sparing mastectomy with sentinel lymph node biopsy and bilateral breast implants on a patient in her 40s.

The patient sought Al Kindi Hospital's expertise after experiencing concerning breast symptoms. Our comprehensive evaluation, including mammograms, ultrasound, and biopsy, revealed the need for this complex procedure.

Dr. Amal Al Rayes skillful execution of the surgery not only preserved the patient's aesthetics but also effectively removed cancerous tissue and assessed the spread of the disease. The subsequent placement of bilateral breast implants ensured a positive cosmetic outcome.

This medical milestone underscores Al Kindi Hospital's dedication to providing world-class breast care and compassionate patient support. We are immensely proud of our team of skilled surgeons who consistently deliver exceptional results and improve the lives of our patients.



# PATIENT TESTIMONIAL



Watch the Video



“My name is Ali. I’m 16 years old, and my life took a difficult turn when I was diagnosed with Crohn’s disease. At first, it was manageable with symptoms like stomach aches, fever, and vomiting. But things got worse. I visited many hospitals, but no one could figure out what was wrong. I underwent several surgeries, and one even caused a serious injury to my leg. It was a really tough time for me and my family. We felt lost and hopeless. Then we met Dr. Raed. He was different. He listened to me, he cared, and most importantly, he gave us hope. The surgery he performed was incredibly complex, but he pulled through. It was like a miracle. Thanks to Dr. Raed, I’m back to school and enjoying life again. He’s not just a doctor; he’s a hero. I can’t thank him enough for everything he’s done for me and my family.”

Ali’s father said “Watching my son suffer was heartbreaking. We tried everything, but nothing seemed to work. We were on the brink of losing hope until we met Dr. Raed.

His expertise and compassion were unlike anything we’d experienced before. He gave Ali a second chance at life. The surgery was a turning point for us. I want to express my deepest gratitude to Dr. Raed for his exceptional care and support. He’s more than a doctor; he’s a lifesaver. I urge anyone facing similar challenges to seek his help.”



# ANNUAL OPERATIONAL PLAN

Having a strategic plan is essential to any company, but it's not enough. To ensure that the broader organizational goals are within reach, we need an operational plan for day-to-day work.

An annual operational plan is the day-to-day actions taken to invest in

- Increasing revenue (new service, marketing, new employment... etc)
- Time (by having a software, equipment or more staff to accomplish tasks in a shorter and more efficient way) / Buying time.
- Increasing safety (for customers, staff or the facility)
- Increasing security (facility or information)
- Resource management (proper utilization / minimization of resources used)
- Patient feedback, complaint or compliments (how did we benefit to improve our service or patient satisfaction)



**Dr. Hanan Madan**  
Quality Department Manager

## Benefits Of an Annual Operating Plan

### 1. Alignment and focus on key business priorities

An annual operating plan provides a clear roadmap toward a shared vision and helps everyone in our team understand their roles in meeting business objectives. It promotes collaboration and communication while eliminating silos, fostering a unified, goal-driven work environment.

### 2. Enhances productivity

An operational plan enhances productivity by establishing timelines, outlining objectives, and allocating resources. This structure helps team members prioritize their work and manage their time efficiently because they have clear deadlines to guide them.

By defining precise objectives, the plan ensures every team member understands their specific tasks and expected outcomes, preventing unnecessary work and deviations from the plan. And knowing what resources are available helps team members prepare realistically for their taskwork.

### 3. Controlled strategy execution

By defining specific Key Performance Indicators (KPIs) and milestones in our AOP, we can easily assess whether the company is on track to achieve its goals. These metrics will help us identify areas that require immediate course correction to stay aligned with the overall strategy.

### 4. Enhances productivity

A well-rounded AOP provides us with data to help us make the right decisions. These insights empower proactive responses to opportunities and challenges, ensuring that all team actions are focused on outcomes.

# What can we do before starting our Operational Plan?

## 1. Assess our current situation

- Look back at our performance over the last year and consider what we achieved in relation to our aims and objectives.
- Review how closely aligned our performance was with company values and our mission. This will help us to reset our planning for the next year.
- Consider actions that did not achieve the necessary results. For example, did a new service launch fail to spark the expected revenue boost?
- Consider what we can learn to refine our processes going forward or whether we should cancel some activities and seek out other opportunities instead.
- Analyze all areas of the business to ascertain where we can make improvements.

## 2. Analyze the market climate

- The risks in our health sector will have a bearing on our planning for the forthcoming year. There is no point in pursuing a plan that is destined not to work because the market climate is incompatible with its success.
- Keeping a keen eye on the industry press to spot market trends that will help us set KPIs that chime with the business environment in which we will be working.
- Make use of competitive analysis to see what our peers are doing and how they work. This will identify opportunities to diversify and gain an advantage over our competitors. Use a SWOT analysis to better understand their strengths, weaknesses, opportunities and threats.

## 3. Build our business strategy

- Develop a strategy that will allow us to meet our objectives, given the risks and challenges that lie in store.
- Meet with the management and the department heads to discuss what they want to achieve during the year and what they need from us to meet those objectives.
- Use historical data to give us a realistic read and help us move forward.

## 3. What to include in the annual operational plan?

Using the information we have gathered; we can begin to create a framework for the day-to-day activities that will comprise our operational plan.

- Set KPIs to help us monitor progress during the year
- Allocate the necessary resources
- Assign responsibilities for the selected teams.

Once we have selected the areas on which we want to concentrate for the twelve months ahead

- Set SMART GOALS to achieve the growth that we require. These are goals that are Specific, Measurable, Achievable, Relevant and Time-bound.
- Ensure goals are relevant by aligning them with our company mission and they are time-bound by setting them for the full term of our annual operating plan.
- Include budget and financial planning which allocates how that budget works in a practical manner to achieve the goals and objectives.
- Include sales targets to help us achieve the results we need to carry out our plan.
- Risk mitigation plans

# What Is an Operational Plan Template?

- It is a form that captures key details about a work plan. An operational plan includes specific actions and resources needed to reach certain milestones. It is more detailed and specific than a strategic or business plan.
- It helps project managers identify resource needs, maintain accountability, implement a reporting process, and maintain a budget.
- Operational plan templates vary by type but typically include the following:
  - **Title:** Enter the plan name or title.
  - **Goals:** Enter specific goals or milestones of your plan (SMART format).
  - **Executive Summary:** Describe the plan in a short paragraph and specifies if it relates to other plans in our organization.
  - **Leader:** Name of the leader of the plan.
  - **Resources Needed:** Enter all resources necessary to complete each task, including on-hand resources and those you will need to procure.
  - **Team:** Include the names of the team members who are responsible for each task (each member roles & responsibilities).
  - **Target:** What you want to achieve.
  - **Budget:** Write the cost or needed budget if needed for your goal/project.
  - **Risks:** Note any risks you may encounter.
  - **Objectives to achieve:** Write down the objectives /steps to achieve your goal.
  - **Evidence of Success:** Write a short statement explaining how you will know when the goal has been achieved (from the result of the monitoring tool/s used).
  - **Start and finished Date:** Start & completion dates for each task in the plan.
  - **Monitoring tool:** Mention how you will monitor the success or gaps for improvements in your project/plan?



# AL KINDI HOSPITAL RECOGNIZES TOP PERFORMERS AS PART OF THE “BEST EMPLOYEE AWARD” INITIATIVE FOR Q1 & Q2 OF 2024

In line with Al Kindi Hospital’s ongoing commitment to recognizing outstanding employees and acknowledging their valuable contributions, the “Employee of the Quarter” initiative has been launched to celebrate those who have achieved remarkable accomplishments. Employee performance was assessed based on a set of criteria that includes quality, productivity, and adherence to institutional values.

**We extend our congratulations to**



Mrs. Hanan Saleh Alalawi  
Senior Marketing Officer, for being selected as the Outstanding Employee for the first quarter of 2024



Mr. Mathew Roshan  
Senior IT Support, for being selected as the Outstanding Employee for the second quarter of 2024



## PEDIATRIC ALLERGY & ASTHMA CLINIC

**Services Provided**

- Diagnosis and treatment of acute and chronic general pediatric condition
- Treatment of Asthma
- Treatment and follow-up of allergic diseases in children
- Newborn Screening
- Periodic Follow-up
- Periodic and seasonal vaccinations

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# CME – CONTINUOUS MEDICAL EDUCATION



**Dr. Husain Naser**  
Radiology Case Presentation



**Dr. Raed Al Marzooq**  
IBD-Current Challenges and Surgical Treatment



**Dr. Hussain Al Ajooz**  
The Link Between the Eczema & Food Allergy



**Dr. Abdulkhaleq Alaraibi**  
10 Years Patient's Journey in Rheumatology Clinic. Is it a delay in diagnosis or real progression of the disease?



**Dr. Haytham Elsayed**  
Regional Anaesthesia



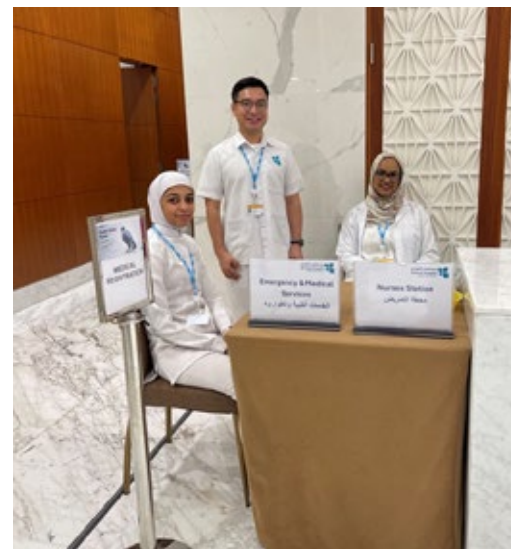
**Dr. Khulood Al Saad**  
Children Are Not Small Adults  
Be Aware of Childhood Cancer

# AL KINDI HOSPITAL WAS SELECTED AS THE MAIN MEDICAL & EMERGENCY SERVICES PROVIDER FOR ITU DIGITAL SKILLS FORUM

Al Kindi Hospital has solidified its reputation as a leading provider of emergency medical services by serving as the main medical and emergency services provider for the recent International Telecommunication Union (ITU) Digital Skills Forum.

The three-day event, held in Bahrain from September 17th to 19th, attracted delegates from across the globe. Al Kindi Hospital's selection underscores its commitment to delivering top-notch healthcare services and its strong track record in emergency medical response.

Throughout the forum, the hospital's state-of-the-art emergency department and highly skilled medical personnel were on standby to ensure the safety and well-being of all attendees.



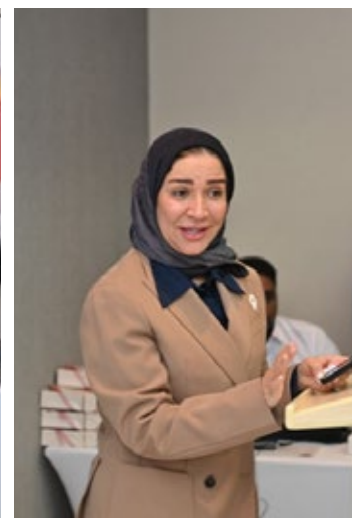
# AL KINDI HOSPITAL IN COLLABORATION WITH THE MINISTRY OF HEALTH SUCCESSFULLY HOSTED BABY-FRIENDLY HOSPITAL INITIATIVE TRAINING COURSE FOR MATERNITY STAFF

Al Kindi Hospital is honored to have been chosen by the Ministry of Health to host the Baby-Friendly Hospital Initiative (BFHI) Training Course for Maternity Staff. The workshop was designed to promote and encourage breastfeeding practices within healthcare settings and was attended by a number of participants from government, semi-government and private healthcare providers.



## Opening Ceremony Speech

Watch the Video





# Mother & Baby Supplies Exhibition

[Watch the Video](#) 





# WORLD DOCTORS DAY







# TYPES OF OSTOMY SURGERIES & POST-OP CARE

**Guest Speaker**

**Mr. Yousef Shqair**

Intestinal Stoma Expert from Hollister Company

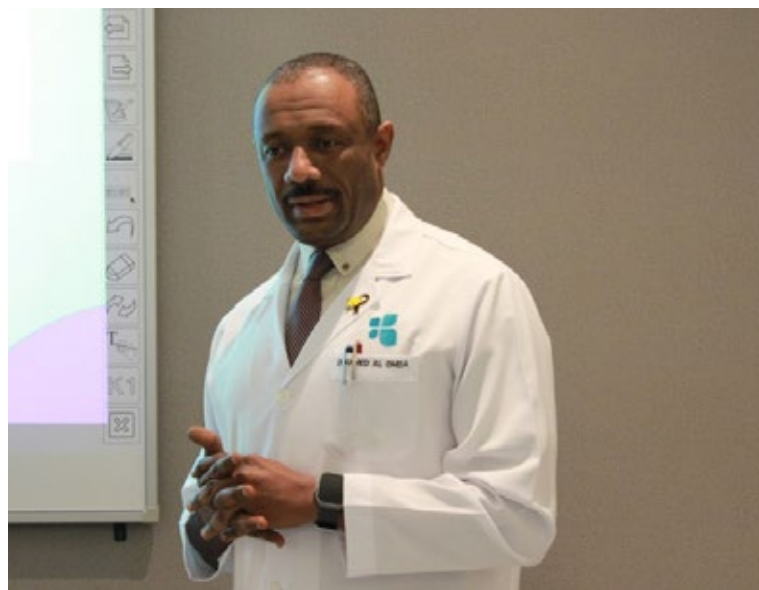


# Children are Not Small Adults – Be Aware of Childhood Cancer

**Guest Speaker**

**Dr. Khulood Al Saad**  
Consultant Pediatric Hematology  
& Oncology

Partners



# Healthcare Excellence

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