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## Celebrating 16 Years of Excellence in Healthcare!



## Saving the Life of a 38 Years Old Female Patient



Chairman

**Dr. Faisal Al Mosawi**

CEO

**Dr. Ebtisam Al Dallal**

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# CEO Message

16 years ago, we embarked on a mission to provide exceptional healthcare to our community. Today, as we celebrate this milestone, I am humbled by the trust and confidence our patients have placed in us. This anniversary is a testament to the dedication and compassion of our entire team, who work tirelessly to ensure the well-being of every patient. We are committed to continuous improvement and innovation, always striving to provide the most advanced and compassionate care. Thank you to our patients, our community, and the entire family of Al Kindi Hospital for making this journey possible. Happy Anniversary!

**Dr. Ebtisam Al Dallal**  
Chief Executive Officer



# AL KINDI HOSPITAL EXPANDS ITS TEAM! MEET OUR RECENT JOINERS



**Dr. Abdulhadi Al Mohsen**  
Consultant Pediatrician &  
Neonatalogist



**Dr. Mahmoud Sharaf**  
Urologist



**Ms. Hela Susan Paul**  
Dietitian

## EXCLUSIVE DELIVERY RATES ON THE SPECIAL DATES

Package Includes 2 Free Consultations

<p><b>NORMAL DELIVERY</b></p> <p><b>BD 500</b></p>	<p><b>CESAREAN DELIVERY</b></p> <p><b>BD 800</b></p>
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### OFFER AVAILABLE DATES

<b>February</b>	<b>March</b>	<b>April</b>	<b>May</b>
02-02-2025	03-03-2025	14-04-2025	05-05-2025
12-02-2025	13-03-2025	24-04-2025	15-05-2025
22-02-2025			25-05-2025
25-02-2025			

<b>June</b>	<b>July</b>	<b>August</b>	<b>September</b>
16-06-2025	07-07-2025	18-08-2025	09-09-2025
25-06-2025	17-07-2025	28-08-2025	29-09-2025
	27-07-2025		

<b>October</b>	<b>November</b>	<b>December</b>
20-10-2025	11-11-2025	02-12-2025
25-10-2025	25-11-2025	22-12-2025
		25-12-2025

Call today to book your appointment

**17240444/17240402**



# A STORY OF HOPE & RESILIENCE

Al Kindi Hospital medical team succeeded in saving the life of a 38-year-old female patient by performing resuscitation that lasted for 38 minute

The distinguished medical team consisting of doctors, paramedics, and nurses achieved an exceptional medical achievement by performing a 38-minute resuscitation for a 38-year-old woman. The patient had suffered from severe abdominal pain, and after undergoing necessary tests, she was diagnosed with acute pancreatitis as a result of an endoscopic procedure performed outside the hospital. The patient experienced cardiac arrest, necessitating cardiopulmonary resuscitation that lasted for 38 minutes, the patient responded to the resuscitation efforts, which underscores the medical team expertise at Al Kindi Hospital.



**Dr. Ahmed Zahra**  
Consultant - Intensive Care Unit



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# LASER PROCTOLOGY

## A Modern Approach to Anal Diseases

Laser proctology has emerged as a revolutionary treatment option for a variety of anal diseases. This minimally invasive technique utilizes laser energy to target and treat conditions such as hemorrhoids, anal fissures, anal fistulas and pilonidal sinus.

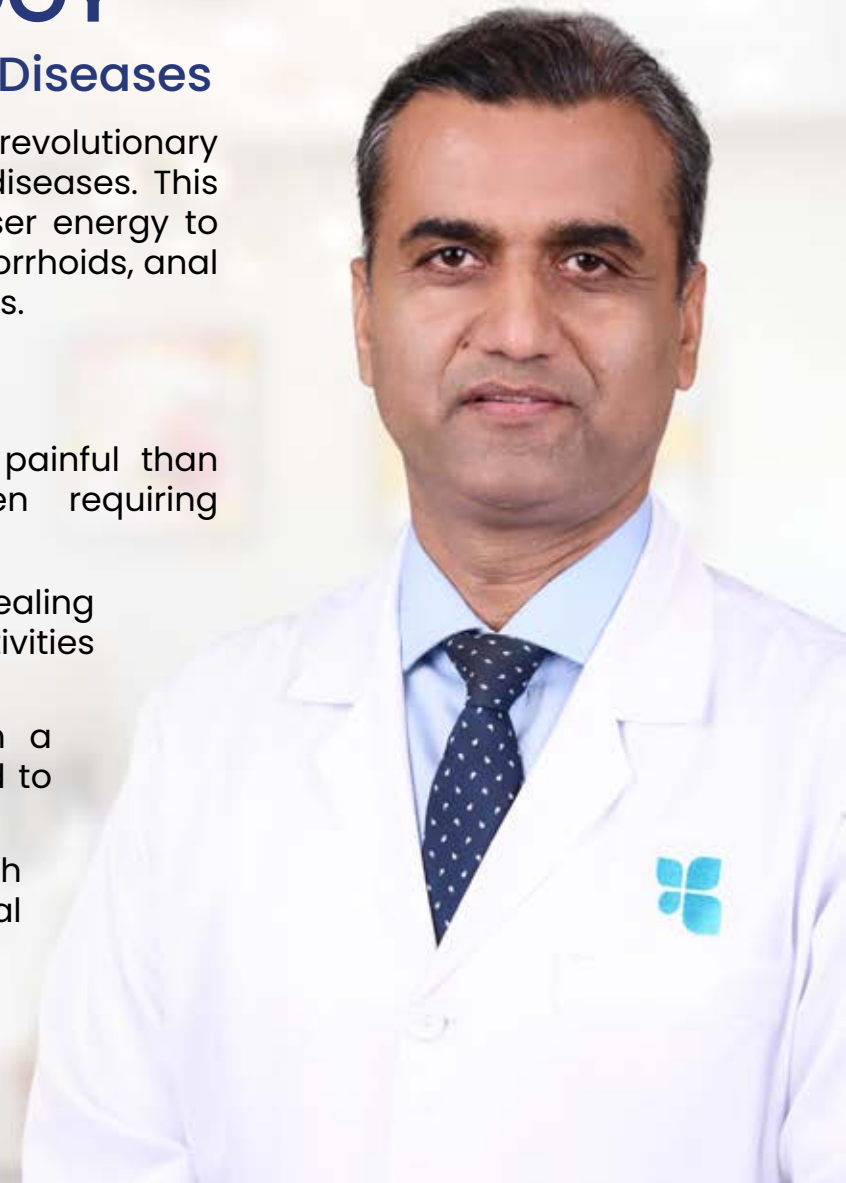
### Benefits of Laser Proctology:

- Laser procedures are typically less painful than traditional surgical methods, often requiring minimal anesthesia.
- Patients often experience faster healing times and can return to their normal activities sooner.
- Laser proctology is associated with a lower risk of complications compared to traditional surgery.
- Laser treatments have shown high success rates in treating various anal diseases.

### Common Laser Proctology Procedures:

- **Hemorrhoid Treatment:** Laser can be used to reduce the size of hemorrhoids, relieve pain, and stop bleeding.
- **Anal Fissure Treatment:** Laser can help heal anal fissures by stimulating tissue growth and reducing inflammation.
- **Anal Fistula and pilonidal Sinus Treatment:** Laser can be used to close anal fistulas and pilonidal sinus.

Laser proctology offers a promising solution for individuals suffering from anal diseases. By providing a minimally invasive, effective, and comfortable treatment option, laser proctology can significantly improve the quality of life for patients.



### Dr. Abdul Jabbar Mirani

Consultant General Surgeon, Head of Surgical Department & Head of 24 Hours Clinic



# ROOT CAUSE ANALYSIS (RCA)



Above the surface you see the  
SYMPTOMS  
of the problem

Dig deeper to find the  
ROOT CAUSE  
of the problem



**Dr. Hanan Madan**  
Head of Quality Department

## DESCRIPTION

- Root cause analysis (RCA) is a systematic process for identifying “root causes” of a problem or event.
- RCA serves as an effective tool that finds a way to solve a problem after knowing its causes.
- Prevention, not blame or punishment, is the key element to having a successful RCA.

## Benefits of RCA

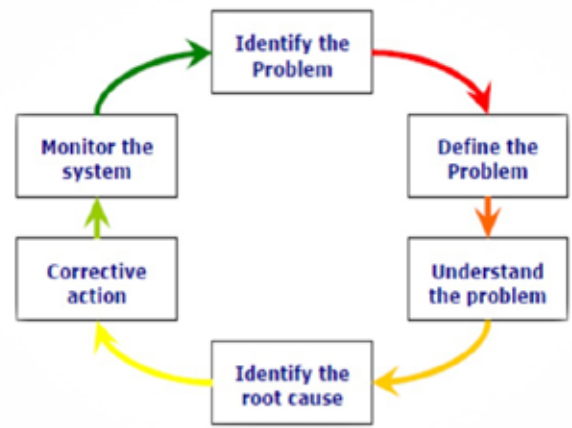
- Prevent problems from recurring
- Increase safety
- Reduce rework and scrap
- Increase competitiveness
- Ultimately, reduce cost and save money

## Applying RCA

- Major accidents
- Everyday incidents
- Near misses
- Human errors
- Maintenance problems
- Medical mistakes
- Productivity issues
- Development of corrective actions and mitigation plans

## RCA Analysis Process

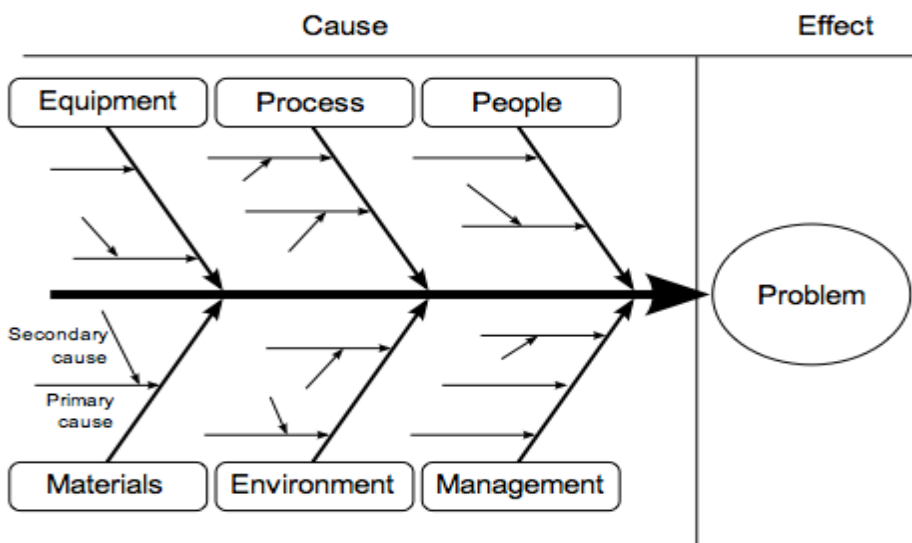
- Investigate the incident via Data Collection
- Attempt to understand the underlying causes of the incident through Analysis
- Generate effective Corrective Actions to prevent and mitigate future incidents



## Analysis Tool 5 Whys

- Write down the problem
- Ask “Why” the problem happens and write the answer.
- If the answer provided doesn’t identify the root cause of the problem, ask “Why” again and write that answer down.
- Keep asking Why until the team agrees that the problem’s root cause is identified
- This may take 5 “Whys”

## Fishbone – Cause & Effect



## Best rca practice

- Brainstorm causes
- Put into pre-defined categories
- Vote on which most likely to cause problems
- Generate solutions & corrective actions
- Follow Up Monitoring
- Communicate the new process through training

## Take an active approach

Having employees simply read and sign a procedure is often not enough

# 16 Years of Excellence in Healthcare!

Al Kindi Hospital is proud to celebrate 16 years of providing exceptional healthcare to its community. Over the past 16 years, we have consistently strived to deliver the highest quality care, invest in cutting-edge technology, and nurture a compassionate and supportive environment for our patients and staff. We are grateful for the trust and confidence placed in us and we look forward to a bright future.







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# CME – CONTINUOUS MEDICAL EDUCATION



**Dr. Ahmed Zahra**  
Acute Respiratory Distress Syndrome



**Dr. Abdulkhaleq Al Oraibi**  
Is it a delay in a diagnosis or real progression of the Disease?



**Dr. Nagesh Babu**  
Can Type 2 Diabetes be Prevented



**Dr. Mahmoud Saraya**  
Premature Ventricular Contractions



**Dr. Hatem Shawky**  
Ultrasound & Infertility



**Dr. Ashraf Abbasy**  
Cardiovascular Risk reduction in Diabetic Patients



**Dr. Mahmoud Elhindy**  
Paediatrics/Neonatal Anaesthesia



**Dr. Hussain Alaradi**  
Trauma Basics and Principles



**Dr. Ahmed ElSebaaie**  
Multiple Brain Abscesses



**Dr. Rajishri Gachkal**  
Skin and Psychosomatics

# Breast Cancer Awareness Month Opening Ceremony Under the Slogan

“Be Aware, Take Initiative, Have Hope”

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Watch the Video 

# Breast Cancer Awareness Campaign Initiatives

Al Kindi Hospital conducted a successful Breast Cancer Awareness Month campaign titled "Be Aware, Take Initiative, Have Hope." As part of our CSR initiatives, we partnered with various organizations to offer free awareness sessions on breast cancer prevention, detection, and treatment. These sessions aimed to empower individuals with knowledge and encourage proactive health screenings with exclusive discounted rates during the month of October.



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وزارة المالية والاقتصاد الوطني  
Ministry of Finance  
and National Economy

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# Colorectal Cancer Awareness Session



# World Diabetes Day

Al Kindi Hospital conducted a successful Diabetes Campaign, titled “Live Well, Manage Diabetes.” As part of our CSR initiatives, we offered free one-on-one consultation sessions with the Internal Medicine doctors, Dental & Oral health doctors, and dietetic specialists as well as free health checkups for the attendees. These sessions aimed to empower individuals with knowledge and encourage proactive health screenings with exclusive discounted rates during the month of November.





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# Bahraini Women's Day

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# Bahrain National Day





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# ALBA's Bahrain National Day Event



# Crohn's & Ulcerative Colitis Awareness Event in Collaboration with the Crohn's & Colitis Friends Society

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# Healthcare Excellence

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Al Kindi Hospital  
Healthcare Excellence



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