



Newsletter

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BOOK YOUR APPOINTMENT NOW

17 240 444

CEO'S MESSAGE

Since its establishment in 2008, Al Kindi Hospital has become one of the leading private hospitals in the Kingdom of Bahrain. Within a short period of time after opening its doors, the Hospital began to attract clients from across the Gulf region and is proud to be accredited by JCI (Joint Commission International) and NHRA (National Health Regulatory Authority). With more than 24 specialties, in addition to more than ten visiting doctors under one roof and with a team of renowned Consultants and Specialists, the Hospital has cemented its reputation as an exceptional healthcare provider.

The Hospital is fully equipped to provide excellent medical and surgical procedures and offers extensive inpatient and outpatient services at the highest standard in a warm and friendly environment. Our 24 hours clinic includes triage and observation beds and is ready to handle any day-to-day emergency services.

Furthermore, our advanced Laboratory & Radiology departments provide excellent medical services round the clock. The Endoscopy department utilizes highly advanced equipment to provide exceptional surgical and non-surgical solutions in a safe environment. The Inpatient department offers a wide selection of luxury and standard rooms, including labor and maternity suites, with the highest quality nursing services.

Al Kindi Hospital is renowned for providing excellent dental care and our team of 12 dentists, comprised of consultants, specialists, and general dental practitioners, cover eight specialties to deliver outstanding professional care and accommodate compromised referred patients who have distinct dental care needs.

We are pleased to announce that the Hospital expansion is going to be opened soon offering the latest technologies in the Operation Theatre, Maternity, ICU, Radiology, and MRI. Moreover, we are proud to announce the opening of the Diagnostic Surgical Cancer Centre providing a host of new services, including the revolutionary Mammogram where biopsy could be taken non-invasively during the image procedure. In addition to elegant, large sized inpatient rooms and luxury suites, the expansion will also provide an additional five floors of covered parking, a Conference Hall, as well as a wide range of other services.

Al Kindi Hospital continues to actively contribute to the field of medical tourism as a leading healthcare provider, representing a strong national investment for the continued advancement of the National Economy of the Kingdom of Bahrain.

Dr. Ebtisam Al Dallal

Periodontal Medicine, Surgery
Consultant & CEO

Chairman

Dr. Faisal Al Mosawi

CEO

Dr. Ebtisam Al Dallal

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نوفر الفحص السريع
COVID RAPID TEST AVAILABLE

معتمد للسفر عبر جسر الملك فهد
بشهادة مختومة ومصدقة من وزارة الصحة

CERTIFIED REPORT TO TRAVEL VIA
KING FAHAD CAUSEWAY WILL BE PROVIDED

ستحصل على النتيجة خلال 10 دقيقة فقط
YOU WILL GET THE RESULT IN 15 MINUTES ONLY

FOR MORE INQUIRIES
17 240 447

متاح 24 ساعة يوميا
AVAILABLE 24 HOURS

MEDICAL DIRECTOR'S MESSAGE

Dr. Ahmed Al Omda
Consultant Pediatrician &
Medical Director



Al Kindi Hospital excels in providing health care according to the highest international standards and maintained through our continuous development.

We are delivering our health care services under the supervision of a large selection of consultants with extensive experience who are trusted by patients.

The hospital is distinguished by its multiple departments including: 24 Hours Clinic, Dental and Oral Health, Anesthesia & Pain Management, Laparoscopic General Surgery, Surgical Oncology, Pediatric Surgery, Obstetrics and Gynecology, Urogynecology & IVF, Maternal Fetal Medicine, Pediatrics Internal Medicine and Endocrinology, Gastroenterology, Urology, Andrology, Neurology, Plastic Surgery, Cardiology, Ear, Nose and Throat Diseases and Surgery, Orthopedics, Rheumatology and Osteoporosis, Allergic

Diseases, Dermatology, Cosmetics, Respiratory Diseases, Psychiatry, Physiotherapy and Rehabilitation, in addition to the Department of Radiology, Laboratory, and Pharmacy.

The hospital provide exceptional pre-employment, pre-marital and medical examinations for domestic workers in addition to a Covid 19 specialized clinic.

Al Kindi Hospital is perhaps the only hospital in the private sector that provides highly specialized services for oral and dental care. This is carried out by a dedicated team consisting of 12 dentists among them are consultants, specialists and general dental practitioners within 8 specialties to provide high-quality professional care.

In the near future, as part of our expansion project, the operating rooms will be expanded to accommodate complex surgical operations, with logistical and medical

support for the new intensive care unit, which allows receiving advanced surgical cases.

All of this will be accompanied by an update of the outpatient clinics, inpatient rooms, the 24-hour clinic, as well as the addition of ambulance services.

The provision of car parking was of great importance, as five floors were allocated for this, as well as a sophisticated and modern cafeteria and a kitchen equipped with the latest technologies for the safety and satisfaction of our patients.

Moreover, a new conference hall will be added along with other utility services such as prayer rooms and breastfeeding areas.

Al Kindi Hospital will remain distinguished by medical services rivaling the highest international standards. All while it continues to adopt Bahraini cadres in all medical and administrative fields.

نحن نعمل ٢٤ ساعة في خدمتك أنت وعائلتك

WE ARE AVAILABLE 24 HOURS TO SERVE YOU AND YOUR FAMILY

ALKINDI HOSPITAL IS PROUDLY ACCREDITED DIAMOND BY NHRA.

nhra
BAHRAIN
Accredited us with



DIAMOND
Status

The National Health Regulatory Authority (Nhra) Accreditation Survey Aims To Improve Quality And Efficiency Of Services Delivered According To International Best Practices.



Alkindi Hospital has been **accredited** with a **Diamond Award** by NHRA, and to celebrate this special occasion the management appreciated all hospital's staff who have contributed to this success and specially the Quality and Patient Safety Department headed by **Dr. Hanan Madan** with her deputy **Dr. Halal A.Qader** and the quality coordinators **Mrs. Gayathri Gopinath & Mr. Sujith Sivanandan**

This accreditation is a milestone in our journey of continuous quality improvement, serving the community with excellence and delivering exceptional Patient Centered Health Care.

NEW ALKINDI FAMILY JOINER

Dr. Hasan Fadhul

Consultant Psychiatrist &
Psychosomatic Medicine for Adults

Clinic Services

- Mood Disorders (Depression, Bipolar)
- Anxiety Disorders & Panic Attacks
- Obsessive-Compulsive Disorders
- Post traumatic stress disorder (PTSD)
- Psychiatric Symptoms Resulting from Medical Conditions (Stroke, Cancer & Others)
- Delusions and hallucinations
- Delirium & Memory Disorders
- Sleep Problems
- Medically Unexplained Symptoms.



Dr. Ahmad Elsebaaie

Consultant Internal Medicine

Clinic Services

- Diabetes Mellitus (DM) & Its Complications
- Endocrine Glands (Problems Specially Thyroid Etc)
- Chest Diseases
- Infectious Diseases
- Chronic Diseases
- Like Hypertension
- Dyslipidemia
- Critical Cases

Dr. Fatema Al Alawi

Consultant Gastroenterologist & Hepatologist

Clinic Services

- Abdominal pain
- H-Pylori Stomach Infection
- Gastro-Esophageal Reflux (GERD)
- Irritable Bowel Syndrome
- Chronic Constipation and Diarrhea
- Liver and Pancreas Diseases
- Inflammatory Bowel Disease (Ulcerative Colitis and Crohn's Disease)
- Endoscopy of Esophagus, Stomach and Colon





Dr. Hafsa Albuarki

Consultant Obstetrics and
Gynecology, Infertility & IVF

Clinic Services

- 14 years experience in the field of specialization
- Treating cases of delayed childbearing in the appropriate scientific way for each patient
- Follow up of pregnant women and perform Normal and cesarean deliveries
- Follow-up of high-risk pregnancies and recurrent miscarriages
- All gynecological operations such as hysterectomy and uterine fibroids
- Laparoscopic and hysteroscopy diagnostic operations and treatments in cases of delayed pregnancy
- Menopausal disorders, Menstrual disorders in adolescent and women.

NEW APPLICATION AND WEBSITE RENOVATION

Al Kindi developed a new mobile application and renovated the website to allow patients to request appointments easily and know about our offers and benefit from them.

All patients can benefit from this service for free and without any charges, and it can be downloaded from Google Play Store and Apple Store.

Al Kindi always makes sure to provide engagement with patients on all digital platforms and to make it easier for them to reach us.



حمل التطبيق في جهازك النقال
JUST DOWNLOAD THE APP IN YOUR MOBILE



PAPERLESS ENVIRONMENT

Al Kindi proudly started shifting to paperless gradually. This achievement helped the hospital in many aspects:

It Saves Time

It Saves Storage Space

It is Safer

It is Mobile

It Saves Money

And most importantly "It Saves Trees"..



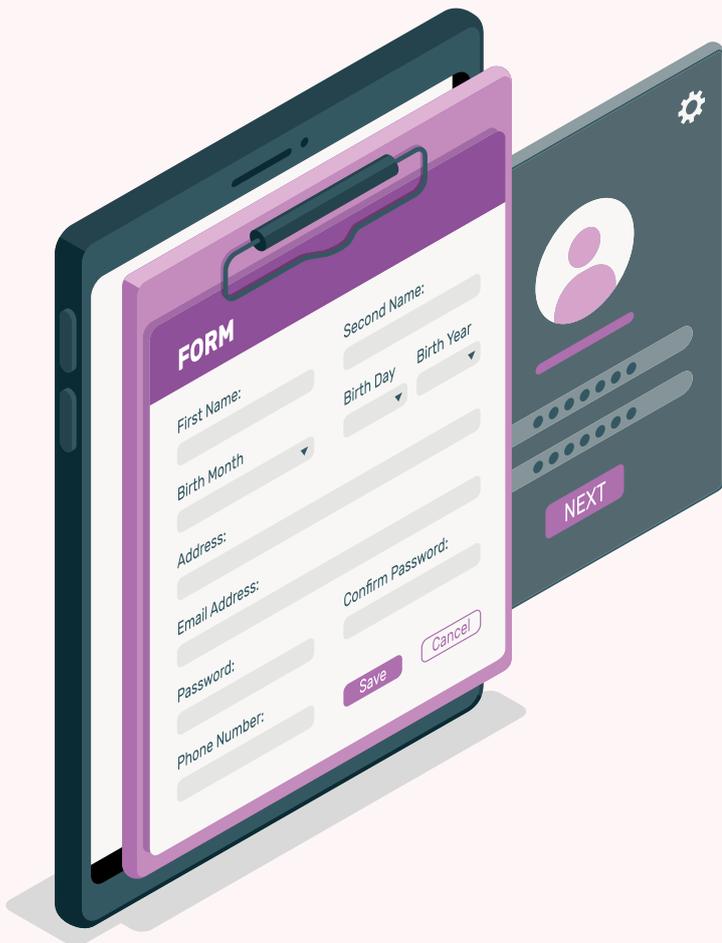
HR FORMS

Human Recourses Department has recently evaluated and reactivated the system of using and submitting some of the HR forms in continuation with the NHRA and our quality standards and in order to maintain highest level of quality and enhance the feeling of complete satisfaction among all employees.

The following forms are now available (online only) in order to maintain confidentiality and speed up with the process.

- 1) Leave application forms
- 2) Grievance/complaint forms
- 3) Medical Declaration form
- 4) Request for new employee form
- 5) Contract renewal form

Also, soon will be launching more online services such as staff appraisals forms.



ACHIEVEMENT OF THE LAB

1. Adding a new inhouse test (Fecal immuno-chemical test), screening quantitative test for colon cancer.

2. Upgrade our CBC machine to a new generation machine to detect any abnormal cells in peripheral blood (fully integrated CBC machine).

3. Reticulocyte test becomes inhouse.

4. Scored 100% of the internal quality assessment program regulated by NHRA in infectious diseases.



ENDODONTIC TREATMENT

Endodontic treatment is the scouting, cleaning , shaping & filling of the internal root pathway systems that have an inflamed or infected contents

Endo : Latin word means "inside"
dnt. : means "tooth"

In endodontic treatment (aka : Root Canal Treatment) can be done for all types of teeth whether they are single, double or multi-rooted teeth One of the most fascinating root canal anatomies among the teeth we treat in the oral cavity are " PREMOLARS " Premolars have a wide range of complicated and bizarre anatomies pretty more than any other tooth Usually they come with single canal like lower premolars OR two canals like upper ones.

However, in this case I am sharing with you a very rare case for a LOWER PREMOLAR with three canals .. usually, the main canal goes straight from orifice (at top where canal starts) to apex (end of root).

Such normality was not the case here .. this one canal had branched into 3 different canals (Tri-Furcation) ending in three separate ports of exit (POE) .



Dr. Rami Tahboub
Specialist Endodontist

Dealing with such strange root system is quite tricky and difficult .. we need to make sure we're able to scout these spaces, disinfect, shape & fill properly to complete the job in a proper way and achieve the hermetic seal for the root canal system to avoid any re-infections.



MINIMALLY INVASIVE OR LAPAROSCOPIC SURGERY

Minimally invasive Surgery is a marriage of modern technology and surgical innovation that aims to accomplish surgical therapeutic goals with minimal somatic and psychological trauma. A surgeon makes several small incisions (often less than an inch) or no incisions performing a procedure. A miniature camera (usually a laparoscope or endoscope) is then placed through one of the incisions and images from the camera are projected onto monitors in the operating room so surgeons can get a clear and magnified view of the surgical area. Specialized surgical tools through small incisions or an

endoscope are used to perform the procedure.

Benefits of minimally invasive surgery

When compared to traditional open surgery, minimally invasive surgery can result in much less pain and swifter recovery while providing an alternative for repairing and preventing a wide range of conditions. Depending on the procedure, patients may leave the hospital the same day, or in a few days, and return to normal activities more quickly than patients recovering from open surgery.

Common minimally invasive procedures

Minimally invasive surgery is the optimal choice for patients for a significant number of surgical procedures including:

- Gall Bladder removal
- Hernia repair



Dr. Abdul Jabbar Mirani

Consultant General Surgeon,
Head of Surgical Department &
Head of 24 Hours Clinic

- Appendectomy
- Bariatric or weight-loss surgery
- Ovarian Cyst removal
- Colon Resection

What should every patient know?

Patients should be informed by their physician or surgeon when making any healthcare decisions. If you are a patient considering minimally invasive surgery (MIS), ask questions to your surgeon about procedure, how to prepare, what happens during your operation and what is expected after surgery.



ALKINDI HOSPITAL RANDOMIZED CLINICAL TRIAL PUBLICATION "COMBINED SUBCOSTAL & POSTERIOR TRANSVERSUS ABDOMINIS PLANE BLOCK FOR POSTOPERATIVE PAIN RELIEF AFTER ABDOMINOPLASTY"

The clinical trial concludes that combined subcostal & posterior TAPB offers a longer postoperative analgesic effect & reduced postoperative opioid requirements with fewer postoperative complications.

Dr. Haytham El Sayed, Senior Anesthesia Specialist, at Alkindi Hospital, conducted a prospective randomized controlled clinical trial that included a total of 58 patients undergoing abdominoplasty. The clinical trial was published in The Journal of the Bahrain Medical Society - Volume 32, Issue 4, October - December 2020.

Dr. Haytham was awarded a "Certificate of Achievement" for achieving The Second Winner for the Most Downloaded of 2020 Articles.

We are proud to share this achievement, as it is a reflection of the high standard care provided in our hospital.



Dr. Haytham Elsayed
Specialist Anesthesia

Gallstones Hurt No More Laparoscopic Cholecystectomy Package

BD 999



Dr. Abdul Jabbar Mirani
Consultant General Surgeon &
Head of 24 Hours Clinic



ALKINDI DELIVER EXCELLENT MEDICAL SERVICE

مستشفى الكندي يقدم خدمات طبية عالية الجودة تتضمن

- 24 hours Department
 - Dental Department cover all the specialties
 - Pediatric and Neonatology
 - Obstetrics, Gynaecology, Urogynaecology & IVF
 - General & Laparoscopic Surgery and Surgical Oncology
 - Orthopedic Surgery
 - Urology & Andrology
 - Ear, Nose & Throat
 - Gastroenterology & Liver Diseases
 - General Internal Medicine, Endocrinology & Diabetes
 - Cardiovascular & Internal Medicine
 - Neurology
 - Rheumatology & Osteoporosis
 - Respiratory (Pulmonary diseases)
 - Dermatology & Cosmetology & laser
 - Covid -19 Test (PCR)
 - Allergy, Immunology & Clinical Pathology
 - Psychiatry & Psychotherapy for Adult & Children
 - Physiotherapy & Rehabilitation
 - Dietitian Clinic
- Al Kindi Deliver Excellent
Outstanding supporting services
that includes:**
- Maternity & Neonate nursery
 - Endoscopy Department
 - Operations Theatres
 - Radiology Department
 - Laboratory & Neurophysiology Labortaory
 - Pharmacy
- قسم عيادات ٢٤ ساعة
 - قسم طب الفم والأسنان يضم كل التخصصات
 - طب وجراحة الاطفال وحديثي الولادة
 - الأمراض النسائية والولادة والجراحة النسائية البولية وعلاج العقم باستخدام تقنيات أطفال الأنابيب والتلقيح الصناعي
 - الجراحة العامة وجراحة المناظير وجراحة الأورام
 - أمراض وجراحة العظام
 - أمراض وجراحة المسالك البولية والتناسلية
 - أمراض وجراحة الأذن والانف والحنجرة
 - أمراض الجهاز الهضمي وأمراض الكبد
 - الامراض الباطنية العامة وأمراض الغدد الصماء والسكري
 - أمراض القلب والاورعية الدموية والباطنية
 - أمراض المخ والجهاز العصبي
 - الأمراض الروماتيزمية وهشاشة العظام
 - أمراض الجهاز التنفسي
 - الأمراض الجلدية وتجميل البشرة والليزر
 - فحص الكوفيد ١٩
 - أمراض الحساسية والمناعة
 - الصحة العقلية والنفسية للأطفال والبالغين
 - العلاج الطبيعي والتاهيل
 - عيادة التغذية
- مستشفى الكندي
يقدم الخدمات
الداعمة والتي تتضمن الآتي:**
- غرف الولادة وغرفة حاضنات حديثي الولادة
 - قسم المناظير
 - قاعات العمليات
 - الأشعة
 - المختبر ومختبر فسيولوجيا الأعصاب
 - الصيدلية

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