

مستشفى الكندي Al Kindi Hospital Newsletter

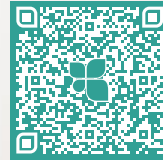
ISSUE No. 09

September 2025

✉ info@alkindihospital.com

🌐 www.alkindihospital.com

📱 @alkindihospital



BOOK YOUR APPOINTMENT NOW

📞 17 240 444

CEO's Message

In line with our commitment to providing exceptional healthcare, we are excited to announce the launch of our new website.

This platform is a key part of our digital transformation, designed to provide exceptional and accessible healthcare. With just a few taps, patients can now book appointments, view their lab reports, and view their appointment history. The new website also make it easy to browse our directory of doctors and stay updated on our latest news and medical achievements.

We believe this will empower patients to take a more active role in their healthcare journey and to manage it more conveniently.

Dr. Ebtisam Al Dallal
Chief Executive Officer



Chairman
Dr. Faisal Al Mosawi

CEO
Dr. Ebtisam Al Dallal

CEO Message

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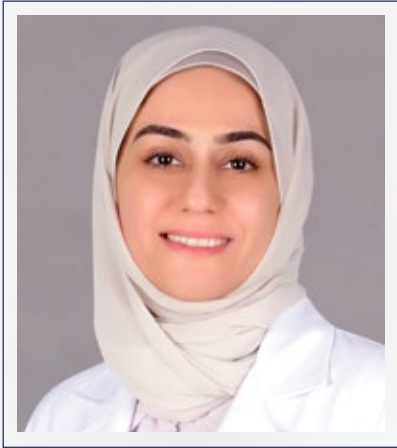
New Website is now Live

New Look & Advanced Features

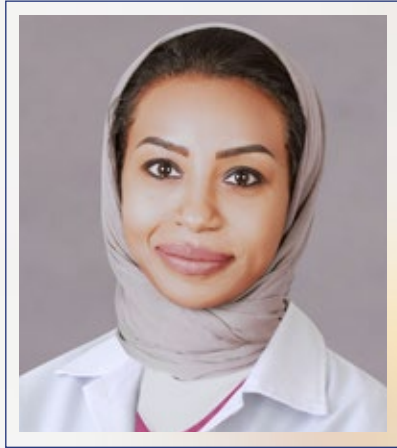
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Al Kindi Hospital Expands Its Team!

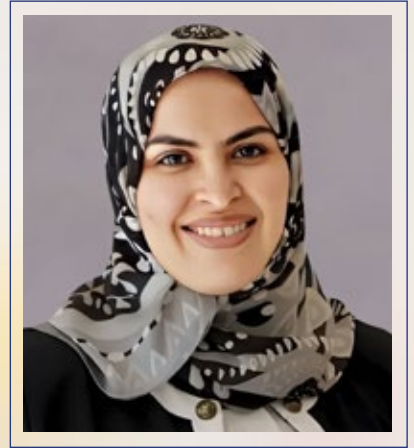
Meet Our Recent Joiners



Dr. Khadija Al Shehawi
Consultant Nephrologist &
Renal Transplant



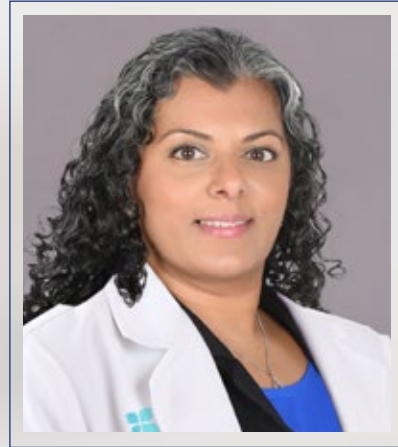
Dr. Tasabeeh Ahmed
ENT Head & Neck Consultant



Dr. Maisa Al Khenazi
Consultant Psychiatrist

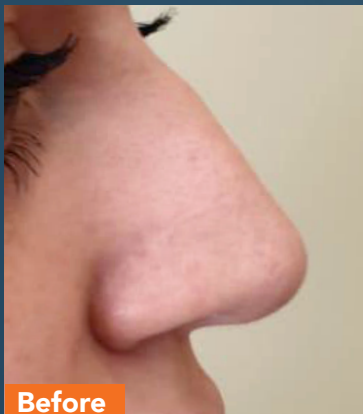


Dr. Avijit Shrimant Gaikwad
Consultant Anesthesia

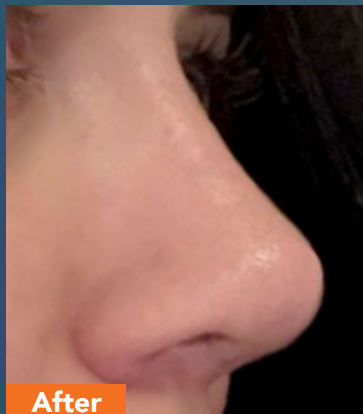


Dr. Muntaha Al Alaiwat
Resident – Surgical Department

RHINOPLASTY



Before



After

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Dr. Mahran Kazerooni
Consultant ENT

Medical Achievement

Rapid Intervention Saves a 70 Year Old Patient's Life Inside The Ambulance

A 70-year-old man arrived at Al Kindi Hospital's emergency department complaining of dizziness, general fatigue, and shortness of breath with usual exertion. He also had heart palpitations for two days. His medical history included high blood pressure, diabetes, and dyslipidemia. He was examined in the cardiology department under the supervision of Dr. Mahmoud Saraya, a cardiology consultant.

An echocardiogram revealed dilated cardiomyopathy, a condition where the heart muscle is weakened and enlarged, with an ejection fraction of 37%. An electrocardiogram (ECG) also showed a second-degree heart block. Due to his condition, Dr. Mahmoud Saraya decided to transfer the patient to a specialized government cardiology center for the urgent implantation of a pacemaker. The patient's condition was stable during the transfer through the ambulance until shortly before arrival, when he experienced a sudden cardiac arrest due to ventricular tachycardia. The medical team, including Dr. Basily Samir, Intensive Care Specialist, immediately performed cardiopulmonary resuscitation (CPR) and used an automated external defibrillator (AED) to deliver electric shocks. Within three minutes, the patient regained consciousness, and his vital signs were restored.

The patient was delivered to the specialized center fully conscious and in stable condition, where he was handed over to the medical team for continued care. This incident demonstrates the dedication and efficiency of the medical staff and paramedics in their rapid and effective intervention to save a critical patient's life.



Watch the Video



Removed a Large Tumor and Saved the Spleen

The General Surgery, Laparoscopic Surgery, & Oncology department is proud to announce another major achievement. Led by Dr. Raed Al Marzooq, General Surgeon, Surgical Oncologist, and Colorectal Surgeon, the surgical team successfully performed a complex laparoscopic procedure to remove a large tumor from the spleen of a 28-year-old patient. Instead of removing the entire organ, we were able to save the spleen, which is crucial for the body's immune system, especially in a young patient. This procedure was complex, with the tumor attached to the splenic capsule, but was completed successfully.

The patient has made a full recovery and is now in good health. Post-operative analysis of the resected tumor confirmed that the tumor is benign, ensuring that the patient received complete treatment. This achievement highlights our team's expertise and commitment to advanced care and providing the best possible outcomes for our patients.



Dr. Raed Al Marzooq

Consultant General Surgeon,
Surgical Oncologist & Colorectal Surgeon

Watch the Video



Visiting Urologist Specializing in Erectile Dysfunction From Hungary

Al Kindi Hospital is pleased to announce that **Dr. Ahmed Shamsodini**, a senior consultant urologist, will be visiting the hospital on Friday, November 21st, and Saturday, November 22nd, 2025.

Dr. Ahmed Shamsodini, specializes in advanced surgical treatments for erectile dysfunction. He will be performing two key procedures during his visit:

Exceptional Care in

- The latest treatment for erectile dysfunction
- Penile implant surgery
- Surgical correction of penile curvature

Free initial consultation with
Dr. Mahmoud Sharaf, Uro-Genital
Surgeon, Endo-Urologist & FEBU (INT.)

Dr. Ahmed Shamsodini
Senior Consultant Urologist

Watch the Video



Al Kindi Hospital Introduces Bahrain's First Thulium Laser for Urology

Al Kindi Hospital has introduced Bahrain's first Thulium Laser for urology, an advanced technology that provides highly effective and precise treatments. This innovative laser minimizes damage to healthy tissues, promoting a rapid recovery for patients. Its exceptional flexibility makes it an ideal solution for treating a variety of urological conditions, including benign prostatic hyperplasia (BPH), kidney stones, and certain bladder tumors, allowing for tailored surgical approaches to ensure optimal outcomes.



**INTRODUCING
BAHRAIN'S FIRST
THULIUM LASER FOR
UROLOGY**



CONTINUOUS MEDICAL EDUCATION (CME)



Dr. Husain Naser
Artificial Intelligence in Radiology



Dr. Ashraf Abbasy
Hypothyroidism



Dr. Mahmoud Saraya
Perioperative management of
Antithrombotics



Dr. Mahmoud Sharaf
Dear Prostatic patient: Is it benign or
malignant?

TREATMENT OF CONTAGIOUS IMPETIGO



Dr. Fatema Khamdan
Consultant Dermatologist &
Dermatopathologist

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Infertility Treatment Awareness Event

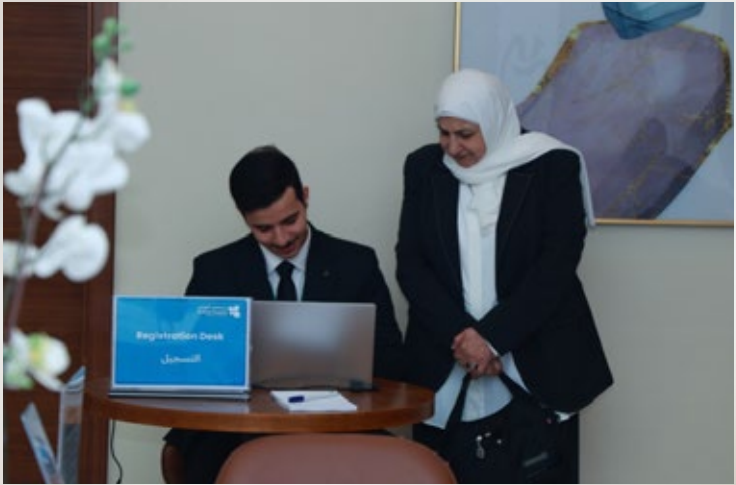
23 August 2025

Al Kindi Hospital's recent awareness event for infertility treatments was a huge success, attracting a significant number of people eager to learn about reproductive health. The event's diverse programs and large turnout highlighted a strong community interest in the topic. Throughout the day, attendees benefited from key insights and guidance from top professionals in the field, including Dr. Ebtisam Al Dallal, Consultant Periodontist Medicine, Surgery Consultant & CEO, Dr. Mariam Fida, Consultant in Medical Genetics & Preimplantation Genetic Testing, Dr. Hatem Shawki, Head of Obstetrics & Gynecology Department and Consultant Obstetrics, Gynecology, & Infertility, Dr. Jameela Al Nooh, Resident – Obstetrics & Gynecology, & Ms. Hela Susan Paul, Dietitian. Beyond the expert sessions, participants also received free blood pressure, blood sugar, and hemoglobin screenings. The event was made even more special with the help of our partners, Hamad Town Pharmacy, Green Gold "Moringa" Company, and Food City restaurant, who provided wonderful gifts and support. This initiative truly demonstrates Al Kindi Hospital's ongoing commitment to improving public knowledge of reproductive and fertility health.



Watch the Video





Al Kindi Hospital, in collaboration with the Sequential Health restaurant, recently held a session on healthy eating for employees of the Bahrain Shura Council. Presented by clinical dietitian Ms. Hana Ali, the event provided valuable insights and practical guidance on nutrition, helping employees make healthier food choices.





مستشفى الكندي
Al Kindi Hospital
Healthcare Excellence

للاستفسارات، يرجى الاتصال على
FOR INQUIRIES, PLEASE CALL

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