

Newsletter

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CEO's Message

On the occasion of Bahrain's glorious National Day, we extend our heartfelt congratulations and loyalty to the wise leadership, government, and the people of Bahrain. This momentous day, which marks the establishment of the kingdom of Bahrain and the anniversary of His Majesty the King's accession to the throne, serves as an inspiration for all of us to reaffirm our dedication to the national vision and continue striving for excellence in the healthcare sector, contributing to the Kingdom's sustainable development and prosperity.

It is also my pleasure to extend to all the female staff at Al Kindi Hospital my sincerest feelings of pride and appreciation on the occasion of Bahraini Women's Day. At Al Kindi Hospital, we see in every Bahraini woman a model of achievement and distinction that could not have been realized without the wise leadership of His Majesty King Hamad bin Isa Al Khalifa, and His Royal Highness Prince Salman bin Hamad Al Khalifa, the Crown Prince and Prime Minister, and the boundless support provided by the Supreme Council for Women, led by Her Royal Highness Princess Sabeeka bint Ibrahim Al Khalifa, may God protect them, which has cemented the position of women as an essential partner in the nation's construction and advancement.

Dr. Ebtisam Al Dallal

Chief Executive Officer

Watch the Video -



مستشفى الكندي
Al Kindi Hospital
Healthcare Excellence

PREMARITAL CHECKUP

BD 106

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Al Kindi Hospital Expands Its Team!

Meet Our Recent Joiners



Dr. Katarzyna Buzdygan
Consultant Obstetrics &
Gynecology



Dr. Amal Madan
Pediatric & Lactation
Consultant



Dr. Kawthar Aljaafar
General Practitioner



Dr. Manar Al Yusuf
General Practitioner



Dr. Abdulla Al Baqshi
General Practitioner



Dr. Fatema Abdulelah
General Practitioner



**PT. Kesselring Guia
Cimafranca**
Physiotherapist



PT. Renuga Sonie
Physiotherapist

DOWNLOAD AL KINDI HOSPITAL APP

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Introducing AI Kindi Hospital's New Mobile App and The New Website

In alignment with AI Kindi Hospital's renovations and commitment to excellence, we are proud to announce the launch of our new mobile application and website. This digital renovation is designed to provide a seamless, modern interface between our medical services and our patients.

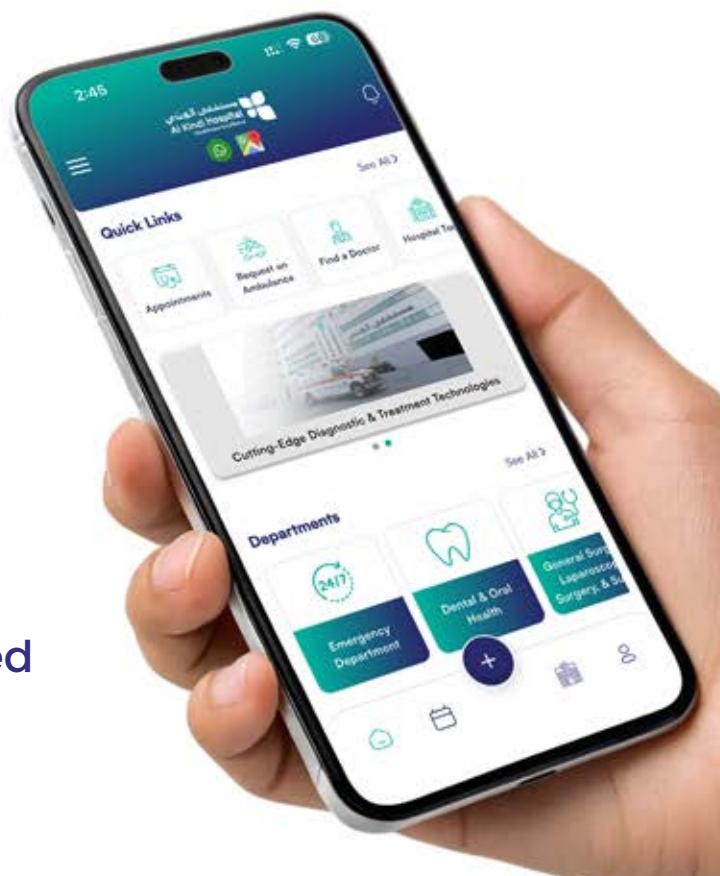
The new platforms offer a streamlined healthcare experience with the following features:

 **Quick Booking: Schedule appointments instantly**

 **Medical Reports: Access Lab & Radiology reports anytime, anywhere**

 **Doctor Directory: Browse our complete list of doctors and specialties**

 **Exclusive Offers: Stay informed about our latest news and promotions**



We will continue to enhance both platforms by introducing new features and improvements to better serve our patients and improve their overall experience.

I encourage all our patients to use our digital platforms and discover a new standard of medical convenience. Download AI Kindi Hospital App today for immediate, secure, and easy access to our full range of healthcare services.



Download AI Kindi Hospital App



Mr. Aamer Al Salloom
IT Manager

Royal Humanitarian Foundation and Al Kindi Hospital Sign Strategic Cooperation Agreement

In a continuous effort to enhance public health and provide advanced medical care, the Royal Humanitarian Foundation (RHF) has signed a cooperation agreement with Al Kindi Hospital. The partnership specifically focuses on supporting members battling cancer by providing integrated therapeutic services that meet the highest modern healthcare standards.

The agreement was officially signed by H.E. Sheikh Ali bin Khalifa Al Khalifa, Secretary-General of the Royal Humanitarian Foundation, and Dr. Hanan Madan, Board Member of Al Kindi Hospital.

The RHF expressed its sincere gratitude to Al Kindi Hospital for its ongoing collaboration and proactive role in supporting humanitarian initiatives. This partnership underscores a shared commitment to delivering high-quality medical services and fostering health awareness within the community.



A rare case of Eosinophilic Enteritis unravels at Al Kindi Hospital!

A 33-year-old male with a medical history of hypertension, hypothyroidism, and type 2 diabetes presented to Al Kindi Hospital with a three-week history of severe abdominal pain, nausea, vomiting, and diarrhea. The patient had previously been admitted to another hospital for seven days where an extensive workup, including a CT scan of the abdomen and pelvis with contrast, yielded no definitive diagnosis. He was subsequently discharged with his symptoms unresolved.

Upon admission to our hospital, a significant diagnostic clue was discovered in a complete blood count (CBC): marked eosinophilia, with an eosinophil count of 9,000 out of a total leukocyte count of 16,000. This finding was the key to a correct diagnosis, which was suspected to be Eosinophilic Enteritis.

This rare condition, with an estimated incidence of 6 in 100,000 people in the USA, is characterized by eosinophil infiltration into the layers of the gastrointestinal tract. The patient's symptoms were consistent with the disease's pathophysiology: the diarrhea was caused by infiltration of the mucosa, intestinal obstruction by infiltration of the muscularis layer, and ascites by infiltration of the serosa. The diagnosis was confirmed through a biopsy of the duodenum following an upper gastrointestinal endoscopy.

The patient was treated with the required medications, which led to dramatic improvement. He was discharged home and will require long term management as this is a chronic disease. This successful outcome was the result of a collaborative effort by our team, with the lead of Dr. Ahmed Elsebaaie and Dr. Ali Al Baqali.

DIAGNOSIS OF A RARE CONDITION AT AL KINDI HOSPITAL

Al Kindi Hospital's medical team have successfully diagnosed and treated Eosinophilic Enteritis which is a rare disease that affects only 6 out of every 100,000 people



Al Kindi Hospital Welcomes Visiting Oncologist Dr. Prasad E.

This partnership underscores Al Kindi Hospital's commitment to advancing cancer care by collaborating with leading international experts, ensuring our patients receive the benefit of world-class, specialized oncological expertise and personalized, comprehensive treatment strategies. We look forward to future collaborations that will continue to enhance the quality of care available to our patients.

Areas of Expertise:

- Breast Cancer
- Gynecological Cancer
- Head & Neck Cancers
- Gastrointestinal Cancer
- Genitourinary Cancers
- Lung & Other Thoracic Cancers
- Bone & Soft Tissue Cancers
- Brain & Spinal Cord Tumors
- Pain / Palliative Therapy
- Novel Cancer Therapeutics & Integrative Cancer Therapies

A professional portrait of Dr. Prasad E. He is a middle-aged man with dark hair and a mustache, wearing a white lab coat over a pink shirt and a blue patterned tie. He is smiling at the camera.

Dr. Prasad E

Senior Consultant Medical Oncology
Apollo Proton Cancer Center, Chennai

LATEST TECHNOLOGY TO TREAT WHITE SPOTS ON YOUR TEETH WITHOUT DRILLING



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Dr. Khulood Alattar
General Dental Practitioner

TREATMENT FOR DENTAL FRACTURES



Before



After



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Dr. Aysha Javed
General Dental Practitioner

Advanced Surgical Technology Prostate Enlargement Treatment Rezūm Therapy



BD 1,450

Minimal Invasive
Faster Recovery

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Dr. Mahmoud Sharaf
URO-Genital Surgeon,
Endo-Urologist & FEBU (INT.)

Employee of the Quarter

In line with Al Kindi Hospital's ongoing commitment to recognizing outstanding employees and acknowledging their valuable contributions, the "Employee of the Quarter" initiative has been launched to celebrate those who have achieved remarkable accomplishments. Employee performance was assessed based on a set of criteria that includes quality, productivity, and adherence to institutional values.

We extend our congratulations to:

Mrs. Sajeda Sabt, Human Resources Officer, for being selected as the Outstanding Employee for the first quarter of 2025

Mrs. Hawra Isa Ismaeel, Digital Marketing & Business Development Coordinator, for being selected as the Outstanding Employee for the second quarter of 2025

Mrs. Zainab Al Sabaa, Receptionist, for being selected as the Outstanding Employee for the third quarter of 2025

This recognition aligns with the vision of her Excellency Dr. Ebtisam Al Dallal – CEO of Al Kindi Hospital, who aims to foster a motivating and supportive working environment.



Al Kindi Hospital is proud to announce the outstanding employees of the first, second, and third quarter of the year 2025. In line with Al Kindi Hospital's ongoing commitment to recognizing competence and fostering excellence, the Human Resources Department is pleased to announce the honoring of the outstanding employees who demonstrated exceptional performance and dedication during the First, Second, and Third Quarters of 2025. Their efficiency in supporting administrative and operational processes successfully contributed to the hospital's progress and the achievement of its goals.



Mr. Adel Al Hubaishi
Human Resources Manager

The Outstanding and Distinguished Employee Award



وزارة العمل

Ministry of Labour

We are pleased to announce that Mr. Mohammed Al Hoori, of the Admission & Insurance Department, has been honored as an 'Outstanding and Distinguished Employee' by the Ministry of Labour. Held under the patronage of His Majesty King Hamad bin Isa Al Khalifa, this prestigious award marks a truly remarkable milestone in his professional career and reflects the high standards of our team.



CONTINUOUS MEDICAL EDUCATION (CME)



Dr. A.Hadi Al Mohsen
Child Safety



Dr. Abdulkhaleq Alaraibi
Gouty Arthritis



Dr. Nagesh Babu
Diabetes Types



Dr. Rajshri Gachkal
Interesting & challenging cases in
Dermatology



Dr. Hatem Shawky
Safe Landing (The relation between Obs/
Peds for healthy mother and baby)



Dr. Husain Al Ajooz
Anaphylaxis (Update and Priority)



Dr. Avijit S. Gaikwad
ERAS Program (Enhanced Recovery after
Surgery)



Dr. Raed Al Marzooq
Recent Advances in Oncology



Mrs. Hela Susan Paul
You are What you Eat



Dr. Ahmed Elsebaiae
Interesting Cases Presentation



Dr. Mohamed Yasser
Perioperative steroid management in
Patients on long-term corticosteroid therapy



Dr. Faten Mahdi & Dr. Ali Sami
Antibiotics alone vs. appendectomy for
uncomplicated appendicitis



Dr. Husain Al Ajooz
Drug Allergy (Penicillin as Example)

Breast Cancer Awareness Events

AI Kindi Hospital successfully concluded its intensive health and community awareness efforts during the month of October under the slogan "Be Aware, Take Initiative, Have Hope". The hospital executed 10 strategic collaborations with leading institutions across the Kingdom.

These collaborations featured a valuable series of educational lectures delivered by Dr. Amal Al Rayes, Consultant General Surgery, Surgical Oncology, and Breast Surgery & Dr. Raed Al Marzooq, Consultant General Surgeon, Surgical Oncologist & Colorectal Surgeon. These joint efforts underscored AI Kindi Hospital's firm commitment to supporting the community, promoting health literacy, and working alongside national institutions to enhance health awareness and disease prevention. At AI Kindi Hospital we are proud to have a fully integrated unit for the diagnosis, treatment, and follow-up of breast cancer patients and oncology, first of its kind in the private sector in the kingdom of Bahrain.

[Watch the Video](#) 

Gulf Air

2 October 2025



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Al Naseem International School

7 October 2025



[Watch the Video](#) 

Aluminum Bahrain B.S.C (Alba)

9 October 2025



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Bahrain National Audit Office

16 October 2025



[Watch the Video](#) 

Al Bilad Newspaper

12 October 2025



[Watch the Video](#) 

Council of Representatives

19 October 2025



[Watch the Video](#) 

Rashid Equestrian & Horseracing Club

22 October 2025



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Bahrain Credit

23 October 2025



[Watch the Video](#)

GFH

23 October 2025



[Watch the Video](#)

Behbehani Brothers

26 October 2025



[Watch the Video](#)

Osool, Mumtalakat, & Edamah

28 October 2025



[Watch the Video](#)



Al Kindi Hospital Collaboration with Molhemun Foundation

30 October 2025

Al Kindi Hospital collaborated with the Molhemun Foundation and Dr. Amal Al Rayes to support patients battling cancer.

By visiting warriors and survivors in their own spaces, we aimed to bring joy and remind them that they have a whole community standing behind them. These emotional moments highlighted a beautiful truth: true strength is born from the struggle, and every survivor's smile is a testament to the power of hope.



[Watch the Video](#)



Shura Council Health Fair

4 November 2025



Bahraini Doctor's Day

5 November 2025



Kids World Nursery

6 November 2025

As part of its corporate social responsibility and in collaboration with Kids World Kindergarten, Al Kindi Hospital conducted free dental examinations as well as an assessment of the condition of children's teeth under the supervision of our pediatric dentist, Dr. Mohamed Hamza and General Dental Practitioner, Dr. Khulood Al Attar. This comes in line of the ongoing efforts and endeavors of Al Kindi Hospital management in supporting children's dental health.



[Watch the Video](#)

Bahrain Credit Men's Health Awareness

20 November 2025

A strategic collaboration between Al Kindi Hospital with Bahrain Credit. The partnership focused on promoting awareness about Men's Health among the company's staff. Dr. Raed Al Marzooq, Consultant General Surgeon, Surgical Oncologist, and Colorectal Surgeon at Al Kindi Hospital delivered a lecture on the importance of routine checkups and seeking medical advice for unusual symptoms.



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World Diabetes Day

22 November 2025

The World Diabetes Day Awareness Event hosted by Al Kindi Hospital successfully attracted a large number of patients with diabetes and individuals interested in diabetes education.

The event featured a diverse range of awareness programs, including consultation sessions presented by a panel of specialists including Consultants Internal Medicine, Dr. Ashraf Abbasy and Dr. Ahmed Elsebaaie. As well as, Dr. Ebtisam Al Dallal, a Consultant Periodontist Medicine, Surgery Consultant & CEO, Dr. Mahmoud Sharaf, Uro-Genital Surgeon, Endo-Urologist & FEBU (INT.), and Ms. Hela Susan Paul, Dietitian. They provided crucial advice and guidance on managing diabetes and preventing its complications.

Additionally, the event offered free medical checkups, which included blood glucose and blood pressure measurements, Body Mass Index (BMI) checks, and eye examinations.

A number of pharmacies also participated in the event, offering special discounts on medical supplies specifically for diabetes care. The organization of this event reflects Al Kindi Hospital's keen commitment to contributing to raising awareness of diabetes and emphasizing the importance of comprehensive healthcare for diabetic patients.



[Watch the Video](#)

Global Payment Services Health Fair

26 November 2025

A strategic collaboration between Al Kindi Hospital and the Global Payment Services to host a dedicated health fair aimed at promoting wellness and proactive health management among the company's staff.

The event featured specialized consultations led by Dr. Mahmoud Sharaf, Uro-Genital Surgeon, Endo-Urologist & FEBU (INT.), who gave personalized advice on Men's Health. In addition, the health fair offered complimentary basic screenings to all attendees, including assessments conducted by Ms. Hela Susan Paul, Dietitian, and Blood pressure and blood sugar checkups.

This partnership underscores Al Kindi Hospital's commitment to corporate social responsibility by extending vital health education and screenings directly to the workplace.

Nadeen School Festive Fair

28 November 2025

Al Kindi Hospital participated in Nadeen School Festive Fair, as part of its ongoing commitment to corporate social responsibility (CSR) and community engagement.

During the event, dedicated medical staff from Al Kindi Hospital were on hand to offer free consultations and general health screenings to all attendees. These complimentary checks included essential measurements such as blood pressure and glucose checks. This initiative successfully underscores Al Kindi Hospital's firm dedication to promoting awareness of health and wellness for the community.



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Bahraini Women's Day

1 December 2025

Watch the Video 



Bahrain National Day

15 December 2025

Watch the Video 





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Healthcare Excellence

للاستفسارات، يرجى الاتصال على
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