



Newsletter

ISSUE No. 11

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CEO's Message

At Al Kindi Hospital, our vision has always been to foster a healthier community by placing our patients at the heart of everything we do. I am deeply proud to announce that we have recently solidified this commitment through the signing of two Memorandums of Understanding (MOU) with Kaaf Humanitarian and the Royal Humanitarian Foundation (RHF). These strategic partnerships are designed to alleviate the physical and logistical burdens faced by cancer patients. By combining Al Kindi's advanced medical expertise with the vast humanitarian reach of Kaaf and RHF, we are ensuring that essential care and integrated therapeutic services are more accessible than ever. These collaborations represent a profound humanitarian promise to harness our collective resources to improve the quality of life for those in need and contribute to a more resilient, giving society.

Dr. Ebtisam Al Dallal
Chief Executive Officer



Chairman

Dr. Faisal Al Mosawi

CEO

Dr. Ebtisam Al Dallal

CEO Message

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مستشفى الكندي
Al Kindi Hospital
Healthcare Excellence



**Early detection,
saves a life**

**Specialized diagnosis for
Colorectal diseases**



Dr. Ali Al Baqali
Consultant Gastroenterologist



Dr. Fatema Al Alawi
Consultant Gastroenterologist



Dr. Ahmed Al Saegh
Consultant Gastroenterologist



Dr. Raed Al Marzooq
Consultant General Surgeon,
Surgical Oncologist &
Colorectal Surgeon



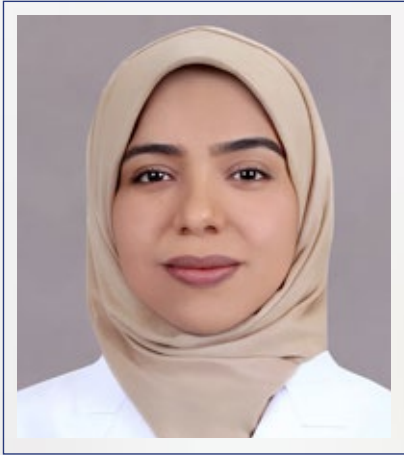
Dr. Amal Al Rayes
Consultant General Surgeon,
Surgical Oncologist & Breast
Surgeon

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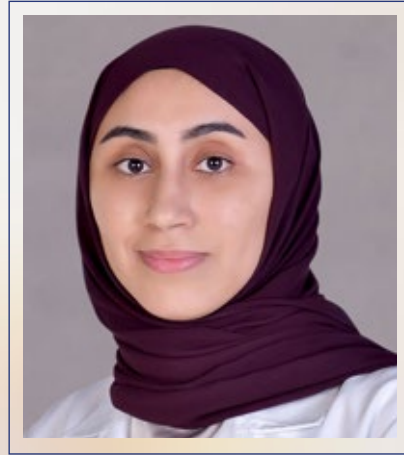
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Al Kindi Hospital Expands Its Team!

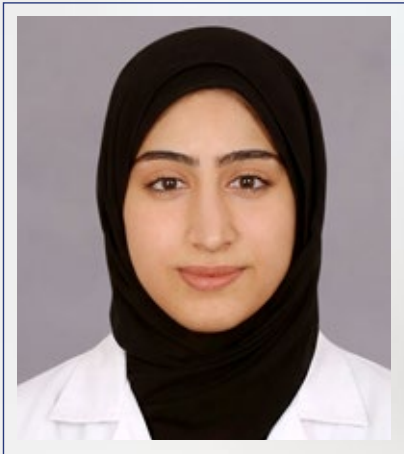
Meet Our Recent Joiners



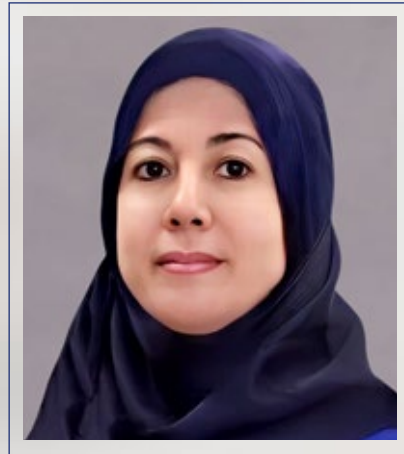
Dr. Hawra Helal
General Dental Practitioner



Dr. Zahraa Al Hadi
General Practitioner



Dr. Nada Alawi
Resident –
Surgical Department



Dr. Maha Abdelwahab Ghorabah
Consultant Obstetrics &
Gynecology

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مستشفى الكندي
Al Kindi Hospital
Healthcare Excellence



CARDIOLOGY UNIT



A Journey of Resilience

Fatima's Victory Over Colorectal Cancer

Today, I share my story not just as a survivor, but as a message of hope and awareness for anyone who needs it.

My journey began with persistent abdominal pain, constant fatigue, and unexplained weight gain. It wasn't until I noticed bleeding that I sought a colonoscopy. I have been referred to Dr. Raed Al Marzooq, who didn't hesitate to see me without an appointment that very same day.

Hearing the words 'Stage 3 Cancer' was a shock; the world seemed to stop. My first thought was of my children, would they grow up without a mother? During that time, in the month of March, which is Colorectal Cancer Awareness Month. I had been reading about it, I never imagined it would be my reality.

What followed was a grueling battle: surgery, radiation, and multiple rounds of chemotherapy. It was incredibly difficult, but I fought with everything I had for my family and friends. Cancer is not the end of the road; it is a battle that can be won with faith, will, and the right medical support.

Today, I am here to continue my life's story. Your health is precious, do not ignore the signs. Early diagnosis truly saves lives. My deepest gratitude goes to Dr. Raed Al Marzooq, whose expertise and support, by the grace of God, helped me overcome this ordeal.



Watch the Video



A Successful Vaginal Hysterectomy by The Obstetrics & Gynecology Team

Minimally Invasive Surgery

A patient recently underwent a successful Vaginal Hysterectomy combined with Anterior and Posterior (Ante-Post) Repair. This complex procedure addresses both the removal of the uterus and the surgical correction of pelvic organ prolapse. By performing the surgery through a minimally invasive vaginal approach, The Obstetrics & Gynecology Team ensured the patient had no external incisions, leading to a significantly faster and more comfortable recovery.

Today, the patient is enjoying a life free from the discomfort that once limited her daily activities. We thank the dedicated surgical team for their commitment to excellence in women's restorative health.



[Watch the Video](#)



Al Kindi Hospital has launched a new service “Gold Standard for Complex Dermatological Diagnosis”

Al Kindi Hospital has launched the “Gold Standard for Complex Dermatological Diagnosis” service under the supervision of Dr. Fatema Khamdan, Consultant Dermatologist & Dermatopathologist. This pioneering service ends the frustration of ambiguous diagnoses through an “integrated diagnostic pathway” that bridges clinical examination with precise microscopic analysis (Dermatopathology). Designed to diagnose difficult cases—such as autoimmune diseases, blistering disorders, and complex hair loss—the service aims to boost diagnostic accuracy to over 98%, ensuring patients receive the correct treatment from the very first step while eliminating the risk of misdiagnosis.

Dr. Fatema Khamdan
Consultant Dermatologist &
Dermatopathologist



Specialized Clinic for the Evaluation and Treatment of Smell and Taste Disorders at Al Kindi Hospital

Al Kindi Hospital is pleased to announce the launch of its Advanced Specialized Clinic for the Evaluation and Treatment of Smell and Taste Disorders.

This clinic is dedicated to providing comprehensive care for patients experiencing a loss or impairment of smell and taste, particularly those recovering from the common cold or COVID-19. Under the expert supervision of Dr. Tasabeeh Ahmed, ENT, Consultant, specialized in Rhinology & Allergy. The clinic utilizes the latest medical technologies and equipment to ensure the highest standards of patient care.

In addition to smell & Taste disorders, the clinic offers advanced services in diagnosing and treating nose and sinus conditions, including the evaluation of nasal polyps and masses and the management of chronic allergies. We provide precise diagnosis for nasal allergies through specialized Skin Prick Tests and targeted blood tests.

Dr. Tasabeeh Ahmed
ENT, Head, & Neck Consultant



Bahrain Paralympic Committee Signing Ceremony

Watch the Video



Al Kindi Hospital and the Bahrain Paralympic Committee sign an MOU to Provide Medical Support for Athletes of Special Needs.

The Bahrain Paralympic Committee has signed a partnership agreement with Al Kindi Hospital to provide specialized medical care and first-aid services for athletes of special needs.

The agreement was signed by H.E. Mr. Ali Al Majid, Secretary General of the Bahrain Paralympic Committee, and Dr. Ebtisam Al Dalal, Chief Executive Officer of Al Kindi Hospital. Both parties emphasized the importance of this partnership in enhancing the quality of medical services provided to athletes and supporting their participation in local and international championships.

This partnership aligns with the hospital's corporate social responsibility and its dedication to supporting humanitarian and sporting initiatives that promote the inclusion and empowerment of people of special needs within society.



Kaaf Humanitarian Signing Ceremony

Watch the Video



Al Kindi Hospital and Kaaf Humanitarian sign an MOU to support for cancer patients and provide them with essential care and resources.

The signing ceremony took place at Al Kindi Hospital. The agreement was signed by Dr. Ebtisam AlDallal, CEO of Al Kindi Hospital, and Mr. Mohammed Jassim Sayyar, CEO of Kaaf Humanitarian, in the presence of several officials from both organizations.

This agreement embodies the shared goals of both parties to alleviate the burdens faced by cancer patients, providing the medical and logistical support necessary to improve their quality of life and ensure they receive the highest standard of available treatment services.

On this occasion, Dr. Ebtisam Al Dallal expressed her pride in the partnership, stating: “At Al Kindi Hospital, we are deeply proud of this collaboration with a leading institution like Kaaf Humanitarian. This agreement is more than just an administrative partnership; it is a humanitarian commitment. Our goal is to harness our medical capabilities and expertise to support cancer patients—a group very dear to our hearts—in line with our vision of providing integrated healthcare that puts the patient first.”

For his part, Mr. Mohammed Jassim Sayyar praised the distinguished medical role of Al Kindi Hospital. He emphasized that “Kaaf” always strives to form qualitative partnerships with prestigious health institutions to ensure that support reaches those in need with the highest quality standards, noting that supporting cancer patients is a fundamental pillar of the foundation’s humanitarian work.

This step is part of a series of initiatives adopted by Al Kindi Hospital and Kaaf Humanitarian to enhance corporate social responsibility and contribute effectively to building a healthy and giving society.



TREATMENT OF DRUG INDUCED PERIODONTITIS



Dr. Ebtisam Al Dallal
Periodontal Medicine &
Surgery Consultant



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Dr. Amarjit Kaur Sandhu
Consultant Obstetrics &
Gynecology



Dr. Fadheela Al Najjar
Consultant Obstetrics,
Gynecology, & Urogynecology



Dr. Hatem Shawki
Consultant Obstetrics,
Gynecology, & Infertility



**Dr. Maha Abdelwahab
Ghorabah**
Consultant Obstetrics &
Gynecology



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CONTINUOUS MEDICAL EDUCATION (CME)



Dr. Mahmoud Saraya
Management of Elevated Blood Pressure in the Acute Care Setting



Dr. Fatema Khamdan
Cutaneous manifestations of systemic disease



Dr. Ebtisam Al Alawi
Pediatric Ocular Emergencies You Can't Afford to Miss



Dr. Mohamed Yasser
Artificial Intelligence in Anaesthesiology



Dr. Basily Samir Sayed
Antiarrhythmic Drugs comprehensive overview



Dr. Husain Naser
Interesting Urology Cases

Bahrain Sports Day 2026

14 February 2026

At Al Kindi Hospital, we believe movement is the foundation of a vibrant life. We are honored to support Bahrain Sports Day, an initiative that mirrors our dedication to national wellness. By participating and providing essential vital sign screenings, we continue our mission to foster a healthier community.



On-Site Medical Support During Bahrain Para-Badminton World Championship

As part of our ongoing commitment to Corporate Social Responsibility, we were honored to provide on-site medical support for the Bahrain Para-Badminton World Championship, held from 7 to 14 February.

In a proud partnership with the Bahrain Paralympic Committee, our dedicated medical team was present throughout the tournament to ensure the safety and well-being of all international athletes. Our professionals provided immediate care and preventative support, ensuring a safe environment for elite competition.

We are proud to play a role in supporting the spirit of determination and sportsmanship in the Kingdom.



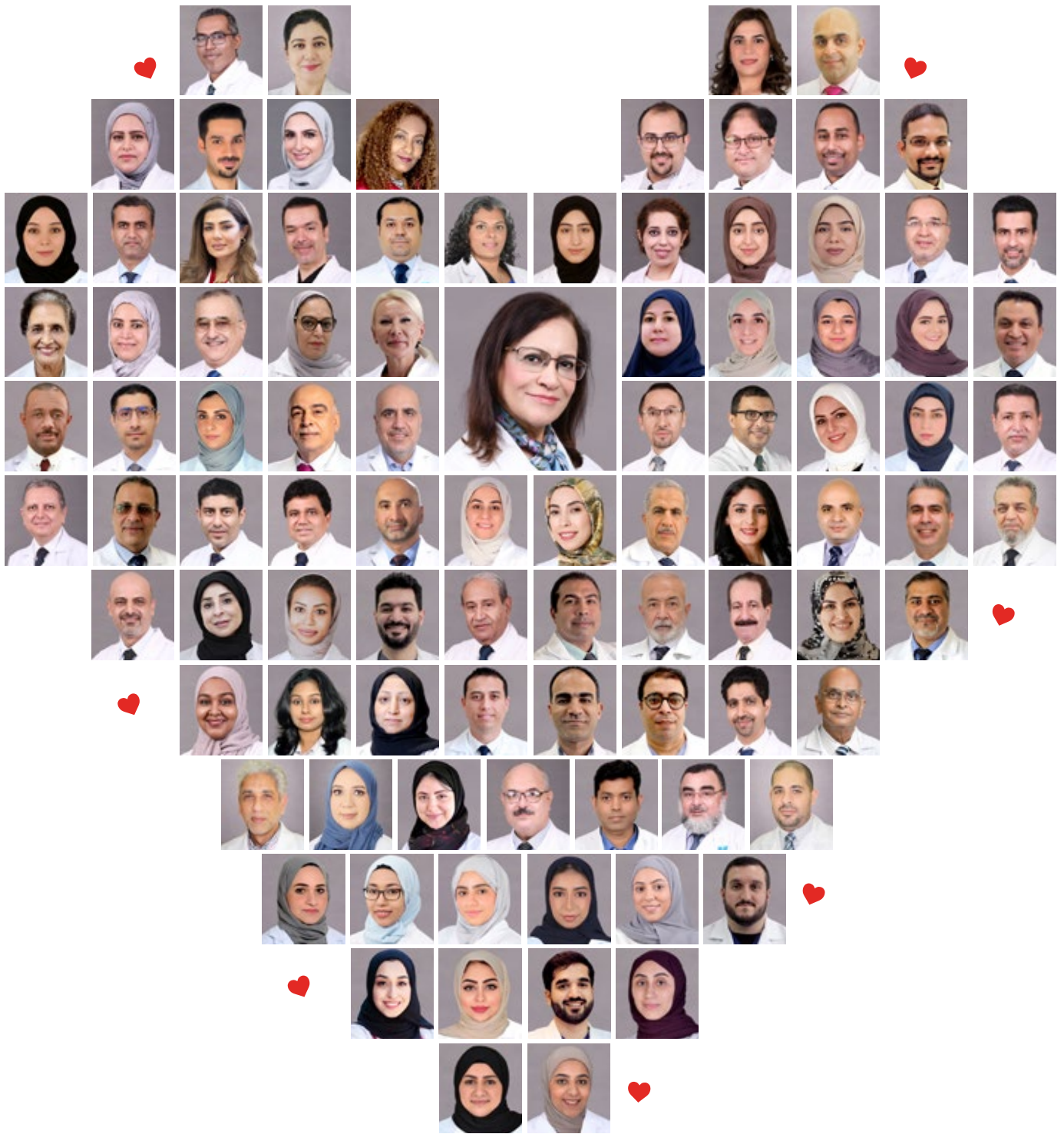
Awareness Lecture on Healthy Nutrition for Bahrain Paralympic Committee

As part of Al Kindi Hospital commitment to enhancing health and physical awareness among the community, Dr. Mohammed Al Marzooq, General Practitioner & EMS Supervisor, visited the Bahrain Paralympic Committee to deliver a specialized awareness lecture on sports nutrition.

The lecture highlighted the vital role of proper nutrition in improving athletic performance, boosting fitness levels, and accelerating recovery after training and competitions. Dr. Mohammed Al Marzooq specifically addressed the unique nutritional requirements of athletes, tailored to the nature of their specific sports.

Furthermore, Dr. Mohammed Al Marzooq provided practical guidance on meal planning, timing, and hydration, while also correcting common misconceptions regarding nutritional supplements. The session saw positive engagement from the athletes, whose inquiries reflected a strong interest in optimizing their health and performance.





Happy Doctors Day

30 March 2026

Al Kindi Hospital Luxurious Suites





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للاستفسارات، يرجى الاتصال على
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