

مستشفى الكندي Al Kindi Hospital

Newsletter

ISSUE No. 13

September 2026

✉ info@alkindihospital.com

🌐 www.alkindihospital.com

📱 @alkindihospital



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📞 17 240 444

CEO's Message

We were honored to welcome Dr. Ahmed Al Ansari, Chief Executive Officer of the National Health Regulatory Authority (NHRA), to Al Kindi Hospital.

This visit highlights the essential role of open communication and strong partnership between regulatory authorities and private healthcare providers. At Al Kindi Hospital, we remain deeply committed to upholding the highest standards of clinical excellence, patient safety, and regulatory compliance core principles that align seamlessly with the NHRA's vision for the Kingdom of Bahrain.

During the visit, Dr. Al Ansari toured our facilities, reviewed our specialized medical services, and engaged directly with our dedicated clinical and administrative teams. His recognition of our team's ongoing efforts to deliver exceptional, patient-centered care serves as a powerful testament to our collective hard work.

We extend our sincere gratitude to Dr. Ahmed Al Ansari and the NHRA for their continued guidance, leadership, and support. Together, we look forward to pushing the boundaries of healthcare quality and contributing meaningfully to the advancement of Bahrain's healthcare sector.

Dr. Ebtisam Al Dallal

Chief Executive Officer

Chairman

Dr. Faisal Al Mosawi

CEO

Dr. Ebtisam Al Dallal

CEO Message

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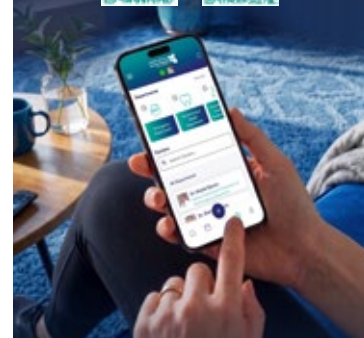
Events



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Al Kindi Hospital
Healthcare Excellence

ACCESS OUR MEDICAL
SERVICES
ANYTIME, ANYWHERE

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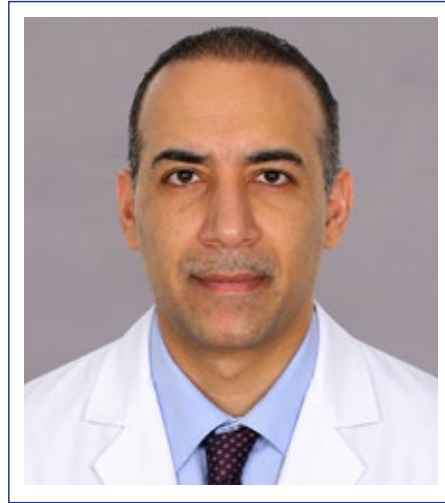


Al Kindi Hospital Expands Its Team!

Meet Our Recent Joiners



Dr. Mai Mattar
Consultant Musculoskeletal
Radiologist



Dr. Mohamed Binfalah
Consultant Neurologist



Dr. Asia Rauf
Consultant Obstetrics &
Gynecology



EARLY BREAST CANCER SCREENING OFFER



Mammogram
(only for females above 40 years)

BD 30

Breast Ultrasound

BD 20

FOR APPOINTMENTS

17 240 230

This offer is valid until 31 October 2026

*T&C Apply

Successful Removal of 10 Benign Uterine Fibroids While Preserving Uterus Health & Reproductive Function

The medical team at Al Kindi Hospital, led by Dr. Hatem Shawki, Consultant in Obstetrics, Gynecology, and Infertility, has successfully performed a delicate surgical procedure on a 35-year-old patient who had been trying to conceive for several years through various medical centers both within and outside the Kingdom of Bahrain.

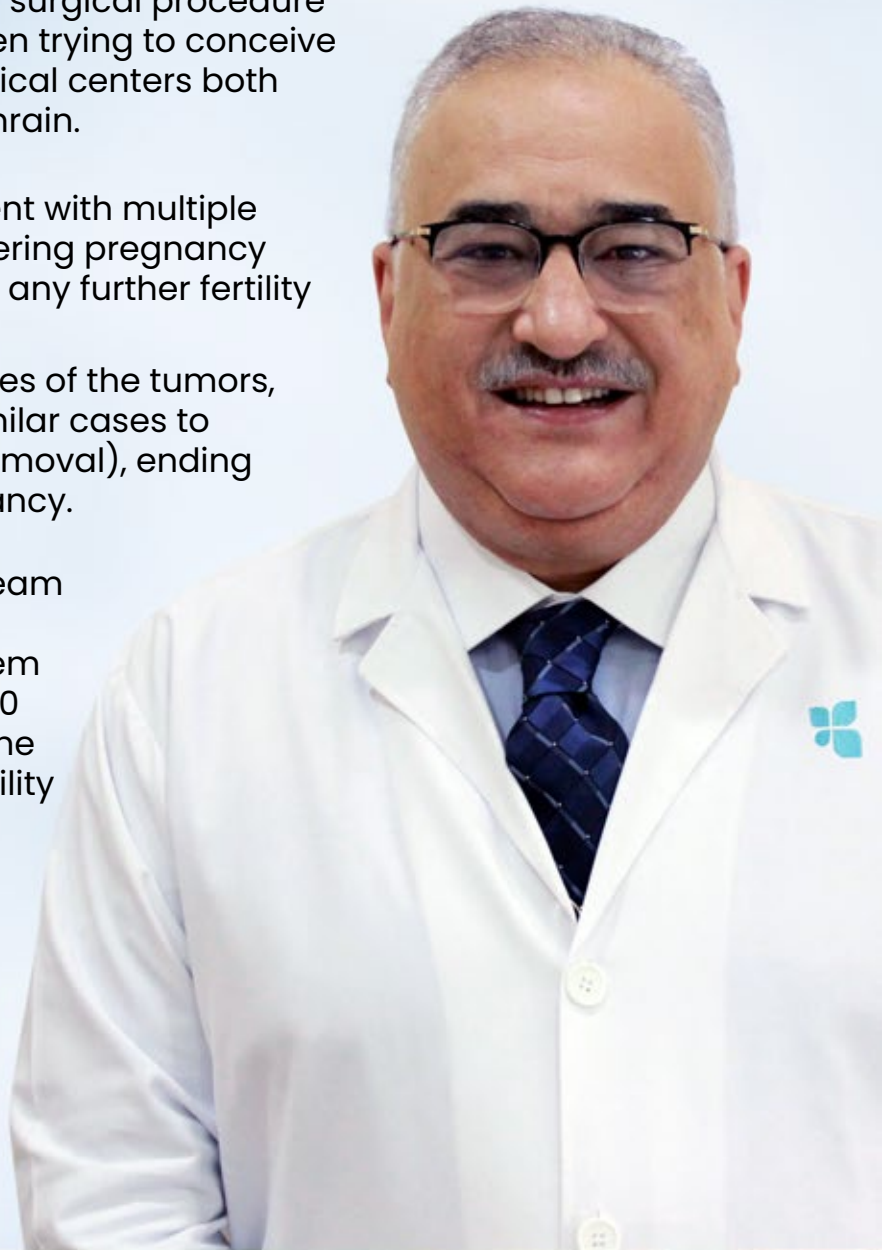
Dr. Hatem Shawki diagnosed the patient with multiple benign uterine fibroids that were hindering pregnancy and required surgical removal prior to any further fertility planning.

Despite the high number and large sizes of the tumors, factors that often lead surgeons in similar cases to perform a full hysterectomy (uterus removal), ending the patient's chances of future pregnancy.

Dr. Hatem and the qualified surgical team devised a comprehensive treatment plan. Through precise surgery, Dr. Hatem successfully removed approximately 10 benign fibroids while fully preserving the uterus and protecting the patient's ability to conceive in the future.

Dr. Hatem Shawki

Consultant Obstetrics, Gynecology,
& Infertility



NHRA CEO Dr. Ahmed Al Ansari Visits Al Kindi Hospital

13 August 2026

Al Kindi Hospital recently welcomed Dr. Ahmed Al Ansari, CEO of the National Health Regulatory Authority (NHRA), for an official visit focused on strengthening partnership and advancing healthcare standards in Bahrain.

During his visit, Dr. Al Ansari toured specialized departments and met with leadership, commending the team's dedication to patient-centered care and compliance.

Al Kindi Hospital extends its sincere thanks to Dr. Ahmed Al Ansari and the NHRA for their continued guidance and support in elevating quality healthcare across the Kingdom.



Watch the Video



Al Kindi Hospital Honored as a “Partner of Impact” by Kaaf Humanitarian Foundation

2 August 2026

Al Kindi Hospital is proud to be recognized among the “Impact Partners,” with Dr. Ebtisam Al Dallal, CEO of Al Kindi Hospital, receiving the award during this distinguished event.

We extend our sincere gratitude and appreciation to Mr. Mohammed Jassim Sayyar, General Manager of Kaaf Humanitarian, and the entire team for this generous gesture. It was an honor to be present alongside an elite group of dignitaries and prominent figures who enriched the occasion.

At Al Kindi Hospital, corporate social responsibility remains a cornerstone of our vision and journey. We take pride in actively supporting initiatives that serve and drive the growth of our community.



Launching of Sleep Study Services

We are proud to announce the launch of our specialized Sleep Disorders Clinic at Al Kindi Hospital. Our expert multidisciplinary team (Pulmonology & ENT) provides comprehensive evaluations to diagnose and treat:

- **Chronic Snoring & Obstructive Sleep Apnea (OSA)**
- **Fragmented or Disturbed Sleep**
- **Severe Daytime Fatigue & Involuntary Sleepiness**

We offer both in-hospital sleep studies and convenient home-based evaluations tailored to your condition.



Expanding Our Care for Lipedema Under Qualified Therapists

We are glad to announce that our Lipedema treatment team is growing to better support your health and journey toward wellness.

Our team of qualified physiotherapists is here to provide specialized, compassionate care tailored to your needs, helping you manage symptoms, reduce pain, and restore mobility.

How Our Team Can Support You?

- Targeted techniques to ease discomfort and reduce swelling
- Treatment tailored to your specific stage and symptoms
- Ongoing support to help you move better and feel your best

Your comfort and mobility are our top priorities. Let our growing team help you take control of your health.



PT. Ahmed Mirza
Physiotherapist &
Lymphatic Therapist



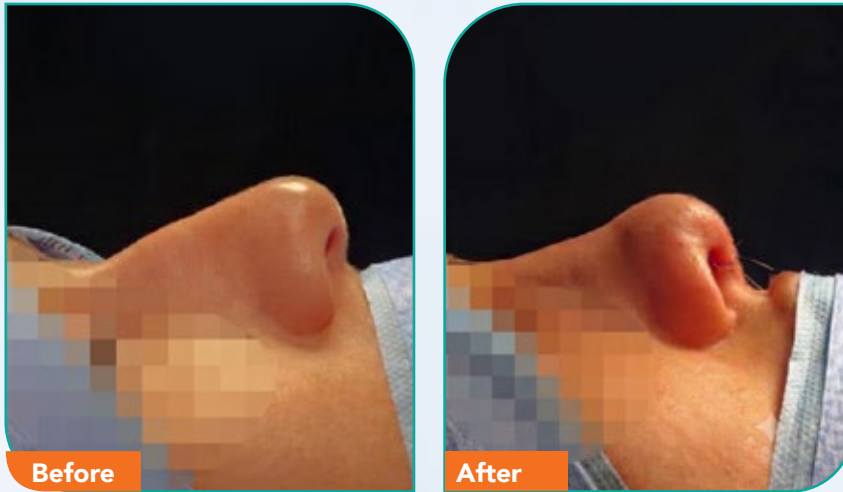
PT. Fatema Sayed Abdulla
Physiotherapist &
Lymphatic Therapist



PT. Ameera Al Derazi
Physiotherapist &
Lymphatic Therapist



RHINOPLASTY



Dr. Mahran Kazerooni
Consultant ENT



MANAGING PSORIASIS WITH TOPICAL TREATMENTS



Dr. Fatema Khamdan
Consultant Dermatologist &
Dermatopathologist



Continuing Medical Education (CME)



Dr. Abdulshaheed Fadhl

Surgical Management of Hidradenitis Suppurativa



Prof. Mohamed AbdelGhaffar

Simple Symptoms that should not be passed easily in Pulmonary Medicine



Dr. Husain Al Ajooz

Recurrent Infections



Dr. Mahmoud Elhindy

Liposuction (Anaesthesia Challenges)

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Healthcare Excellence

Genetic Hereditary Cancer Panel Test Offer

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☎ 17 240 444

This offer is valid until 30 November 2026

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BD 170

~~BD 255~~

Al Kindi Hospital Celebrates “Purple Saturday,” Reaffirming Its Commitment to Empowering People of Determination and Fostering Community Inclusion

27 July 2026

Dr. Ebtisam Al Dallal, CEO of Al Kindi Hospital, affirmed that the hospital's celebration of “Purple Saturday”. A day dedicated to supporting and empowering people of determination, reflects the Kingdom of Bahrain's core belief that nation-building begins with its people, and that true development is only achieved when everyone participates without exception. Her remarks came during an honoring ceremony hosted by the hospital management on Monday to celebrate people of determination and commend their achievements.

Dr. Ebtisam Al Dallal expressed her sincere thanks and appreciation to the Ministry of Social Development for launching this pioneering initiative. She noted that the effort has helped embed a culture of inclusion, raised public awareness regarding the rights of people of determination, and translated high royal directives into practical initiatives that showcase the Kingdom's humanitarian and civilized values.

Additionally, Dr. Al Dallal extended her gratitude to Her Excellency Shura Council Member Sabeeka Al Fadhalla for her tangible efforts in supporting legislation and policies that safeguard the rights of people of determination. She also thanked the Chairman of the Bahrain Paralympic Committee for his distinguished role in empowering athletes of determination and highlighting their achievements, as well as the Chairwoman of the Board of Directors of the Mental Disability and Autism Society, who has dedicated more than two decades to serving this cherished group and their families.

Dr. Al Dallal emphasized that the progress of any society is measured by the equal opportunities it provides to all its members, its ability to embrace diversity, and its respect for human dignity. She stressed that Al Kindi Hospital views its social responsibility as an essential part of its core mission, rather than merely a supplementary activity.



Watch the Video







مستشفى الكندي
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Healthcare Excellence

INFLUENZA VACCINE

Protect Yourself &
Your Loved Ones

6 months and above

BD **12**

65 years and above

BD **27**

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Al Kindi Hospital Hosts Comprehensive Educational Workshop for Expectant Mothers

5 September 2026

Al Kindi Hospital was delighted to host a comprehensive awareness workshop dedicated to pregnant women, covering key aspects of the maternal journey from pregnancy to newborn care.

The workshop featured informative sessions delivered by a distinguished team of doctors and specialists:



Pregnancy, Labor, & Postpartum Stages:
Dr. Maha Ghorabah – Consultant Obstetrics & Gynecology



Pain Management & Epidural Options:
Dr. Avijit Gaikwad – Consultant Anesthesia



Newborn Care & Breastfeeding:
Dr. Amal Madan – Consultant Pediatrics & Lactation



Physiotherapy for Pregnant and New Mothers:
Ms. Naqaa Al Halwachi – Senior Physiotherapist



Balanced Nutrition for Pregnant & Lactating Women:
Ms. Hela Susan Paul – Clinical Dietitian



The Benefits of Stem Cells:
Ms. Bashayer Jassim – Stem Cell Specialist



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للاستفسارات، يرجى الاتصال على
FOR INQUIRIES, PLEASE CALL

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